



Founded 1889

DE LAUNE CYCLING CLUB

FOUNDED 1889

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DE LAUNE
CYCLING CLUB

2005

SPECIALIZED



DE LAUNE NEWS

February 2005

No. 872 -75th Year

www.delaunec.org

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CLUB NIGHT

First Thursday of each
month
HERNE HILL STADIUM
Burbage Road
London
SE24 9HE

THE PRESIDENTS REPORTS

February already. How time flies. We have just taken down the Christmas tree and now start to look forward to Easter!

At the last committee meeting we had four new applications for membership so lets hope this will be a good year for our club. You lose some and gain some but unfortunately we lost one. A member for many years, Bryan Tidbury. Bryan died of a heart attack when on holiday last month. I think Stax will be saying a few words in this edition. Maureen, our condolences to you and your family from all our members.

As requested by Maureen, a cheque was sent on behalf of the De Laune made payable to the Leo House Childrens Hospice.

As you get older you lose more and more of your mates, which I suppose is natural. Talking to George Wood at the funeral, he told me he had two more funerals to go to that afternoon.

Thursday the 20th of January we had our special general meeting at the Herne Hill clubroom. You all have had the agenda. The meeting was to tie up all the loose ends with regards to the money received from the sale of the clubroom.

A big thank you must go to Peter Harris for all the hard work he has done dealing with estate agents, solicitors and financial advisers etc. I would also like to thank Don White, (who was involved in the first trust which was set up for the Memorial Club room many years ago) for valuable information for the new one. Thanks guys.

Now for a moan! We only had about 16 members who turned up out of over 120 members for the S.A.G.M, with only one letter of apology. Come on guys, this is your club and we are not talking about small amounts of cash to be invested. The members who did turn up were old members, (one came from as far as Colchester and one from Eastbourne) with exception to Nigel Scales and Nick Butler who are relatively new but show a genuine interest in our club.

We have the A.G.M coming up in June with a lot of decisions to be made so please, please, make the effort. It is your club.

Now is the time that you should be getting the basic miles in for the coming racing season. Long slow distance is the name of the game with short fast sessions to speed you up at a later date. I know that Brian Dacey will go all the way to Newport in South Wales in one day to train on the indoor track.

How keen can you get! Remember you must go faster in training than you race, but for shorter periods. If you racers want any help or guidance we have a wealth of experience in the club. Just ask.

Hope to have more news for you next month.

Kav

**NEXT O.M.A. GET TOGETHER WILL BE A LUNCH
SOME TIME IN MAY WATCH THIS SPACE FOR THE
DATE**

Mike Rabbetts

Ken and I received a letter from Megan Rabbetts, appreciating our attendance at the Service in Jarvis Brook, to celebrate Mike's life. She has asked us to pass on her thanks for the generous donation

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

[Redacted text block]

Hi Mark

Just read about poor old Bryan Tidbury.

Do you have any address for Maureen his wife, as I was friends of the Tidbury's for many years before we came to SA both as a racing colleague and after our racing days had ended.

I would like to offer my condolences direct. I suppose I should rejoin the De Laune after all these years (1975) as I read the web page regularly and feel a bit of a cheat!

Regards
Ted McDonald

Brian perhaps you would like to follow this one up as Membership Sec. Ed.

Dear webmaster

We were talking on the phone tonight to Ken Knapman many of your members will know him and he said what a good web site the De Laune had... so I have been looking at it, just touched the surface at the moment but saw that you have a proper book on the club, can you please tell me how much it is to purchase it. Thanks

I am helping a person in Leicester put together a History of Cycling in Leicester, tracks, riders etc and would be interested to see how yours has been done.

Regards to those members who remember us.

Ann and Alan Sturgess

Alan now a very keen golfer plays three times a week and when the weather is right, no wind no rain he tries to get out on his bike a couple of times a week but has to ride on his own , only rides for about an hour.

Dear Webmaster/Mark,

I was a member of DeLaune CC from 1989-1991. I rode in the Grand Prix of London roller competition and did some time trials etc. I was 18/19 at the time. I used to ride with Glen Brown (Well known poser at the time - I was NOT a poser though !)

I'm now one of Irelands' top track sprinters (though still NOT a poser - you understand !) and would like to get in touch with the Club/Glen Brown to organise an Ireland Vs England Rollers Challenge or the like.

Can you put me in touch with the relevant people ?

Thanking You in advance...

Regards,

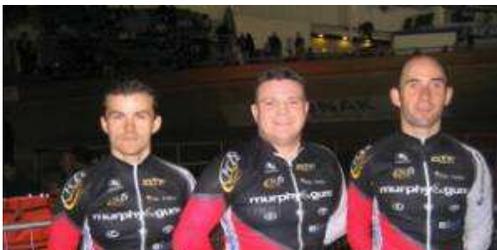
Malcolm J. Goggin

Type "Malcolm Goggin Ireland" in to Google to find out about yours truly...

Malcolm rides for the "MURPHY – GUNN" team see next page. Ed.

I have found out the Glen now rides and is Hon Gen Sec of the AVANTI club and lives in Farnborough Kent, and I have now put them in touch. Ed

Thanx very much Mark, Let me know if you would like a little international flavour for your next roller race ! Malcolm.



Irish in action at Revolution 5
A large group of Irish riders were in action at the 5th Revolution meeting, held in Manchester. The ever popular event drew sell out crowds to see Britains World and Olympic champions in action and the special appearance by Paris-Roubaix winner Magnus Backstedt.



I think that Malcolm Goggin is the one in the centre does anyone recognise him? Ed.

Fellow cyclist

This is a one time mailing to introduce you to bicyclerubber.com home on the web to quality bicycle tyres at rock bottom prices! www.bicyclerubber.com sells folding bicycle tyres for MTB and road bikes.

Our prices are keen and are all inclusive for two tyres and two inner tubes delivered to any UK address post free. We stock a wide range of tyres from Vittoria and Continental.

We also sell on Ebay.co.uk in the bicyclerubber shop - click here <http://stores.ebay.co.uk/bicyclerubber>

That's all I want to say to you at this stage, I hope to welcome you as a customer very soon.

Above all, enjoy your cycling!

Thanks for reading, Jonathan Powell

www.bicyclerubber.com T 0845 058 9430 All the rubber your bikes need !

Triathlon News

We are starting 2005 with a cross country running race in Bushy Park at 11.15 a.m on the 27th February. The start of the race is at Hampton Royal Cricket Club near the Kingston Upon Thames bridge.

The first four finishers in each team on a cumulative time basis count towards the team competition so I thought it important to give it a go!

Anyone else that wants to run for the De Laune team that does not normally do Triathlon is naturally welcome (any ability!). I would like eight to turn out for this, If Cliff is reading this, we need you!

I am going to have enough De Laune vests for those that want them, you should all race in them. We are all looking forward to more competition over the year.

Best wishes for 2005

Harry Corbett.

THE 7th BUSHY PARK TRAIL RUN

Cross country Races in Bushy Park, Hampton Wick, Middlesex.

Sunday 27th February 2005. Races start 10:45 am.

Start, finish, changing, refreshments, licensed bar and the race H.Q. are at Hampton Royals Cricket Club near to the Kingston Bridge entrance to the park in Sandy Lane.

Please note: competitors must park outside of the Park or at the main car park by Diana Fountain.

Junior Race 10:45 start 2.0 miles for Juniors under 17 on 31 August 2004. This race includes a team competition based on the cumulative time of the first four finishers in each team. Please indicate team name below.

Senior Race 11:15 start 4.8 miles for Seniors, Vets & Juniors over 17 on 31 August 2004.

Senior Race Prizes:

1st 2nd 3rd Men and Ladies

Junior Race Prizes

1st in each category U11- U17

Organised by

THE

1st M40, M50, M60 etc

Team Prize

Stragglers

1st F35, F45, F55 etc

www.stragglers.org

Medals to all finishers

Enter online with no surcharge at www.stragglers.org

Entries and results by

Entry Fees

Send postal entries to:

www.

Seniors & Vets £6 00

Bushy Park Trail Run

Sport

Juniors £3 00

C/O Sport Systems

Systems

Limited entries on the day + £2.00

P0 Box 674

.co.uk

Cheques payable to: The Stragglers

Surbiton

Entry fee includes all mailing.

KT6 7WX

Don't send an SAE _____

Entry form. Please print legibly. - someone else has to read it!

First Name: _____ Surname: _____

Address: _____ Date of Birth: ____/____/____/

_____ Male / Female: _____

Town: _____

County: _____ ' Home: _____

Postcode: _____ *Please include full postcode* ' Work/Mobile: _____

Email: _____

Club: _____ *Please use full club name*

Race Entered: (Please tick one and enter team name if appropriate)

2.0 miles for Juniors under 17

Team Name _____

4.8miles f or Seniors. Vets and Juniors over 17

Office use only

If you are looking to Join a running club visit www.stragglers.org

Please enter me for the appropriate race in the Bushy Park Trial Run. I am medically fit and enter at my own risk. I understand

that the organizers will in no way be held responsible for any injury, illness, accident or loss of property during or as a result of the event.

I enclose a cheque for £ _____ made payable to The Stragglers.

Signed: _____

Date: _____

Parent / Guardian to sign if under 18 years old

The Final placing for the London League events series:

Youth Sam Fensterheim finished 7th from 45

Vets Bill Wright finished 18th from 53

WEAVERS DOWN WOBBLE ON SUNDAY 28th NOVEMBER

The 10.00 am start at Longmoor Camp in Hampshire (an army training barracks) saw myself and two other (James King and Rob Horton —hopefully future De Laune members) taking part as a team of three in the third of a series of adventure races organised by TrailPlus. Besides us there were 350 or so other participants lining up at the start line with the hilly and sandy course ahead.

The race started with a four-mile cross—country run, which took us through the urban combat training facility at the barracks. As we progressed onto the mountain bike phase of the race (consisting of a two-lap, 13-mile course) we soon realised that the run was a “walk in the park”. It was hard going - probably the toughest bike course yet according to TrailPlus - as the predominantly sandy and hilly terrain was especially wet and cloying on our tyres. Coming back into transition (a large hangar) we felt completely drained but there was no let up. It was a mile run to the start of the kayaking, which, thankfully, took place in a shallow and not too cold lake. The windy conditions together with the fact that the kayaks were inflatables meant that we had to jump out and push them along on occasions. After this it was a mile run back to transition, but the feeling that we had nearly completed the race was soon met with disappointment as we discovered that the race had a sting in its tail. First, there was a ski challenge on the sand, which involved the three of us using two wooden skis to move between two points without touching the ground. This was surprisingly difficult owing to our tired limbs. After which there was a half mile run over hilly soft sand, then under a cargo net that finished in water and, finally, up and over a slippery wall to the finish.

Our team “Bravo & Two Zeros” came in a very respectable 40th out of 115 teams in a time of 3:15:47. Despite the conditions, which meant that apart from when running, you felt cold and wet, this was the most enjoyable multi-discipline race I have competed and would recommend it to anyone.

Geoff Heaton

ALL THE RACING RESULTS

The 12th round of the 2004/05 London Cross League supported by [Mosquito Bikes](#) and [USE](#), held at Temple School, Strood,

on January 2 and hosted by Team Darent

1	JODY CRAWFORTH		EVANS RT
2	ALEX ATKINS		EVANS RT
35	BILL WRIGHT	VET	DELAUNE/EVANS/SPECIALIZED

YOUTH

1	Tom Smart VC	Deal
6	Sam Fensterheim	De Laune CC

National Cyclo-Cross Champs :

National Champs held at Abergavenny Leisure Centre on Jan 9

Juniors

1	Alex Atkins	Evans Cycles RT
2	Paul Cox	WebstersCycles.co.uk
3	Tom Last	Matlock CC/Wards/Impsport
21	Nathan Palmer	De Laune CC

National Champs Inter Area Champs held
at Eastway on January 16

Youth

1 Andrew Griffiths	London A 4 laps in 30:44
2 Jonny McEvoy	North West A +0:34
3 Adam Turner	East Midlands +0:35
24 Sam Fensterheim	London B +3:57

Team result

- 1 London A 10
- 2 N West A 23
- 3 E Midlands 42
- 4 Wales 46
- 5 Wessex 48
- 6 London B 56

MORE RACING RESULTS

The 11th race of the Twickenham CC Hillingdon winter series held on Sunday, January 22

1. Dan Rudd	Edwardes (De Laune) 55km 1.14.40
2. Lewis Atkins	Glendene CC
3. Gavin Smith	Willesden CC

The 13th & final round of the 2004/05 London Cross League supported by Mosquito Bikes and USE,
held at Eastway, on January 23
and hosted by Finsbury Pk CC.

YOUTH

1 Alex Paton	VC Deal 35.54
3 Sam Fensterheim	Delaune CC 37.34

Hi Mark

Here I am still progressing slowly I have an appointment with the Consultant Neurologist on Feb. 23rd something I have had to fight for by going to my Local MP who happens to be a practicing medical Doctor, so as I can ask the Neurologist some questions that have been bothering me. All this because the hospital had basically washed their hands of me and I was not happy with that.

Anyway here are the course details for the two Club 25's on the SCCU course G25/53 mainly for the new members as I have been asked previously where they are.

Also for all the Club coaches out there here is my progress on the turbo, so how am I doing?

There are a number of Club Trophies that have been up for grabs for quite a few years.

e.g.

- Club 30ml. TT
- Club 50ml. TT
- Club 100ml. TT
- Club 12hr. TT

The 12hr. was last competed for in 2001 when the Kent Cycling Association (KCA) ran the Vets National 12hr. champs. De Laune had 4 riders entered namely Charles Curthoys (sadly no longer with us), Malcolm Adams, Terry Deeley & Alan Rowe.

Charlie covered 216mls. approx, Alan covered 213mls. approx, Terry covered 200mls. approx (sorry Terry I can't remember exactly), Malcolm covered 194mls. approx. Hence Charles is the current holder.

Now we have a glut of new younger members who I am sure could give us oldie's a good run for our money and beat those distances and compete for the others, so how about giving it a go this year. There

are local KCA or SCCU events we can ride and as long as there are 3 or more De Laune members entered it will count as a Club event and the fastest Club member will be the Club 30, 50, 100, or 12hr. champion for that year.

There is also a 3 up TTT 25ml. on the 20th March this could interest road riders as it is like being in a 25ml. break or track riders with a bit of stamina, as long as you can hold a wheel they are really good fun, (not a laugh you understand!!)

Here is a list of the other events you could think about getting together and having a go.

Course

KCA 50ml. 21st June Q50/1

KCA 100ml . 26th June Q100/5

KCA 12hr. 14th August Q12/2

If you need to know anything about any of the events just E-mail me agrowe2004@yahoo.co.uk

I know there is no 30ml. event shown but I will get back to you on that, and some events on the SCCU roads.

Alan G. Rowe
Time Trial Manager
De Laune C.C.

BITS AND PIECES

Reading John Darroch's article in January's issue of the DLN and noting the print error in the year the De Laune was formed (corrected by the editor), I am afraid, as club archivist I have to take John to task over another slip-up.

The De Laune Cycling Club did not begin its days as a boxing club; the De Laune CC and the Lynn Athletic Club were both off-shoots from the De Laune Institute, the Lynn being the name of the boxing club, having been formed in 1892.

Incidentally, did you know that Danny Williams, the heavyweight boxer who recently knocked out Mike Tyson in his turn to be given quite a hiding by the Ukrainian Vitali Klitschko was a member of the Lynn Boxing Club, having joined when he was eight years of age. Looking at Williams' injuries as a result of the Klitschko fight, I recommend sticking to the bike!

On another matter, I wonder whether you saw a recent survey in a national newspaper regarding the greatest British sportswomen of all time; the top ten were Mary Rand (athletics), Kelly Holmes (athletics), Laura Davies (golf), Beryl Burton (cycling), Tanni Grey-Thompson (athletics), Anita Lonsborough (swimming), Mary Peters (athletics), Ann Jones (tennis), Ann Packer (athletics), Paula Radcliffe (athletics). Each person had alongside their name a short write-up of their achievements. For Beryl, the following:

"Came with a late run (or, more accurately, pedal) to surge up your chart. Stuart Benstead's E-mail said it all: 'Seven times world champion ... broke the men's 12-hour time-trial record (in the same race and over the same course as all the leading British men)... first woman to beat one hour for 25 miles, two hours for 50 miles and four hours for 100 miles, a record which stood from 1968-1996.' Or, as one French scribe observed: 'If Beryl had been born in France, Joan of Arc would have had to settle for second place'."

Brian Saxton
Club Archivist

MEMBERSHIP

We welcome Alan Constable, who lives in Maidstone and is rejoining, having been a member in the 1960s: Will Matthews, from Eartham near Chichester, who is interested in triathlons: Jim Evans, who lives in Wandsworth, South London, who was a member of Loudoun Road Club in Ayrshire, Scotland (Alan Rowe will be pleased to know that Jim is interested in riding time trials) and Mark Wadley, who

lives in London SW1 and was a member of Bath Cycling Club in the 1980s; he is also a member of Serpentine Running Club.

Mike Peel has received a request for an electronic copy of the Club History from ex-member Andy Castle. I sent him a "real" hard-backed copy of the book to save his eyesight. I also sent a medal which he should have received 12 years ago and explained that we are now an old club with quite a number of elderly people in official positions, thus things move along very sedately! The medal was for a second place behind Danny Rudd. Evidently Andy was second place to Danny on quite a number of occasions and he indicated in his letter to us that he would probably rejoin directly Danny retires! Why not? Andy is sitting on a couple of good fast '25' courses down near his home at Southwater, West Sussex.

Elsewhere in this issue of the DLN is shown a list of members as at the 31st December 2004, numbering 126, down from the 31st December 2003 when it was 131.

Brian Saxton

Velodrome's future threatened by failure to agree lease terms Southwark Council and the site's owner's The Dulwich Estate, can't agree terms for a new lease. Unless they do the Dulwich Estate could close Herne Hill.

Southwark Councillors meet on 24th Jan to decide what to do.

LIST OF MEMBERS AS AT 31ST DECEMBER 2004

MALCOLM ADAMS	DAVID LAW
SAM ARMOUR	ALARIC LESTER
MATTHEW BAKER	JAMES LETT
ROSIE BAKER	LEN LYES
MARK BALLAMY	JAMES LYON
ALAN BARCLAY	KIZ MACKISACK
SAM BAXENDALE	ALAN MALE
SIMON BEDDOW	PETER MALLIN-JONES
TOM BEWSEY	GEOFF MARGETTS
GARRY BIRCH	CHRIS MARSHALL
EDWARD BOND	WILL MATTHEWS
DEREK BOON	RICHARD McBRIDE
STEPHEN BRIERLEY	HAMISH McINTYRE
JEREMY BRIGGS	BILL MILES
LEN BROWN	MICHAEL MOORE
DAVE BURFOOT	ALEX MORRIS
PAT BURNS	BEN NEVILLE
NICK BUTLER	JOHN O'BRIEN
CHAS CARLTON	NATHAN PALMER
CHARLOTTE CARTER-SMITH	TONY PEACHEY
HENRY CARTER-SMITH	VAL PEACHEY
STEVE CARTER-SMITH	JAMES PECKHAM
VERONIQUE CARTER-SMITH	MIKE PEEL
ROY CHITTLEBOROUGH	CLIF PENDLETON
KATIE CHOWN	AMY PIDDINGTON
BERT COLLINS	TONY PURSER
HARRY CORBETT	LES PYNE
HOWARD COULSON	MIKE RICE
BRIAN DACEY	GIOVANNI RODOLFI
LEN DANBY	JAMES ROGERS
JOHN DARROCH	MARK ROSSI
TERRY DEELEY	ALAN ROWE
JOHN DODS	DANIEL RUDD
MARY DODS	DAVE RUDD
LEN DOUBLE	FRANCIS RUDD
JENNIFER EVANS	JOSEPH RUDD

SAM FENSTERHEIM
 ROSS FRYER
 DOT FULLER
 KEN FULLER
 BOB GARWOOD
 JOHN GEOGHEGAN
 ROBERT GIBSON
 ADAM GLASSER
 MATT GOODES
 CHRIS CORDON-COKER
 YVONNE GREGORY
 DAVE GRIFFITHS
 PETER GUNNELL
 DAVID HAGGART
 PETER HARRIS
 GEOFF HEATON
 RACHEL HEDLEY
 ARTHUR HOW
 MAUREEN JACKSON
 PETER JAQUES
 PETER JENN
 JOHN KAVANAGH
 TOPEL KEMAL
 DAVID KING
 JAMES KING
 KEN KNAPMAN
 RUPERT KNIGHT

CHRISTIAN RUDOLF
 ROY SAVERY
 BRIAN SAXTON
 NIGEL SCALES
 BRIAN SHAMBROOK
 PETER SHEPHERD
 ANDREW SIMPSON
 GEOFF SINNETT
 ALAN SPELLING
 PETER STAFF
 EDDIE STARSMEARE
 CLIFF STEELE
 DAVE TWEDDELL
 DEBBIE VALENTINE
 MICHAEL VALENTINE
 JAYNE WADSWORTH
 BRIAN WALLER
 AMANDA WALSH
 RUPERT WALSH
 TOBY WALSH
 MONTY WATKINS
 SCOTT WELLCOME
 DON WHITE
 JEREMY WHITE
 BERYL WILLIAMSON
 GEORGE WOOD
 BILL WRIGHT

NOTICE BOARD

San Fairy Ann Circuit Races at Eastway (Lee Valley Cycle Racing Circuit)
 on Saturdays 19th, 26th Feb and 5th March

Entries

Entries for all races close Sat 12th Feb. All entries received after this date will require the Entry on Line fee.

To check that your entry has been received, or for any other queries, please contact:

keir_williams@hotmail.com



ADDRESS:
 13-15 Jerden Place
 Off Fulham Broadway
 Fulham London SW6 1BE

Good Friday Track Meeting :

Well known stars of road and track in a feast of top quality racing
 The Good Friday International Track Meeting returns after a one year break on Friday, 25 March, 2005.

Event organiser Graham Bristow says, 'I am delighted to announce that the Southern Counties Cycling Union's annual GOOD FRIDAY MEETING is again being held at London's Herne Hill Velodrome on

March 25th.' Online Tickets/Website

Tickets will soon be available online & the new Good Friday website has gone live at <http://www.goodfridaymeeting.org.uk>

DATES TO REMEMBER

Diary Social/Club for 2005	
Sometime in May	OMA Meeting
Thurs 16th June ?	AGM
Sun 24th July ?	Max Dods Memorial & BBQ
Fri 4th November ?	Belgium Night/OMA

Diary of Club & Inter-Club Events for 2005					
Sun	12th June	Club - Mid-summer	25m	G25/53	?
Tue	21st June ?	Crystal Palace Circuit race			18:30
Sat	25th June ?	Open Track Meeting Herne Hill			14:00
Sun	31st July	Open - Fred Peachey Includes Club 25 Championships & Novices	25m	Q25/8	?
Sat	10th September	OMA	10m	Q10/22	7:00
Sun	12th September	Club Track Meeting Herne Hill			14:00
Sun	18th September	Club - Autumn	25m	G25/53	?
Sun	2nd October ?	Downhill		Tillburstow Hill, Godstone	11:00
Sun	9th October	Hill Climb		GH31 Titsey	11.00

THE LAST DAY FOR COPY TO BE INCLUDED IN THE NEXT ISSUE IS WEDNESDAY 23 February 2005

THIS SHOULD BE SENT TO:
MARK BALLAMY
41 MAYES CLOSE
WARLINGHAM
SURREY CR6 9LB

Phone & Fax 01883 627809 . e-mail mark.ballamy@virgin.net

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De Laune Cycling Club



Questions, comments, suggestions?... then please Email the [Webmaster](#). Site designed and maintained by [robin-web.co.uk](#)

