



Founded 1889

DE LAUNE CYCLING CLUB

FOUNDED 1889

Sponsored by **EVANS CYCLES (UK) Ltd.** & **SPECIALIZED CYCLES**

[Home](#)

[Up](#)



DAVID HAGGART – EAST SURREY HARDRIDERS 30 MILE TT

Photo by kind permission of Paul Wright: www.pjwphotos.co.uk
e-mail pjw2409@tiscali.co.uk



DELAUNE NEWS

May 2004

No. 862 -75th Year

www.delaunec.org

OFFICIALS			
PRESIDENT JOHN KAVANAGH 40 Beverley Road Barming Maidstone Kent ME16 9JP 01622 726959	SECRETARY PETE HARRIS 91 Ashbourne Road Ealing London W5 3DH 020 8997 7852	TREASURER JAMES LETT 102 Park Road Kingston Surrey KT2 5JZ	CLUB NIGHT First Thursday of each month HERNE HILL STADIUM Burbage Road London SE24 9HE

THE PRESIDENTS REPORTS

Have you ever noticed how cyclists, athletes etc have this self-destruct button? Let me explain; how many times have I said to myself 'I have only got a mild cold, so I will go out and get the miles in'. You then end up in bed with the 'flu.

I think that lots athletes or racing cyclists have this positive attitude. You have got to have it to get results.

Most athletes will say 'I am never ill, and the health problems I have, are self-inflicted'. When I think back to my serious running days I had half my Achilles tendon replaced. (This was not down to me, but the cross-country spikes I was wearing) I then had to have a hernia operation. (This was not down to me, as I had to keep up with the leaders in a race). Cycling was just as bad. I had a dislocated shoulder by having my feet strapped in at the traffic lights and fell over. (Not my fault, the lights should have changed quicker!)

The next one is the broken collarbone! To be a cyclist you have got to have one of those. I got mine in a road race when the guy in front of me came down and brought me down with him. (Also not my fault)

My dear old mate Savery who seems to get an injury every time we go skiing -people come into him from the side (not his fault). He cracked it this year. He had no problems. He did not come out of the chalet!

Being so positive could be one of our down falls. You say 'I must get back on my bike as soon as possible as I must not lose this fitness'. This is after you have been in bed with the flu or broken a bone.

A few weeks ago our Nick Butler came down in Richmond Park (the guy in front brought him down!) and he has ended up with a dislocated pelvis. When I had a natter on the phone he said he was told he would be on crutches for the next six weeks. He then told me he thinks he will be back sooner than that.

Sounds familiar! Get well soon Nick we need you.



If you remember last August I told you about Nigel Scales who came down Alpe d'Huez on his bike and hit one of the bollards on a bend and broke his arm. He is still not on his bike. You have got to be more positive Nigel.

Those of you who have been to Newnham for our church service to remember our club members, who fell in world war one and two, will remember the name Geoffrey William Hinde who was shot down over Belgium flying a Lancaster bomber. The total crew of seven all lost their lives.

The RAF records show that the bomber was shot down by flak. I searched the web for more details and from German records they claim that a German night fighter ace called Heinz Wolfgang Schnanffer who had over 100 kills to his credit shot down the Lancaster. The truth we may never know.

We do know that a local war history researcher called Chris Van Kerckhover formed a committee to raise funds to build a memorial to remember the crew of that ill-fated Lancaster that crashed near his village of Westerlo just east of Antwerp. This was achieved and the memorial stone was erected and a ceremony of remembrance has taken place each year since 1998. The next one will be the 23rd of May 2004. Unfortunately I cannot make it this year but if you are interested, please contact me.

Dates to remember. The 9th May which is the club championship and novice 25-mile time trial. The event starts at 8am at South Holmwood (On the A24) just south of Dorking. We will need marshals and riders so please contact Alan Rowe (0147 4704901) for more details.

Fancy getting the miles in? How about a ride down to Brighton on Sunday the 23rd May to attend the OMA lunch. All members and guests welcome. Phone Dot Fuller for details 01689 851241.

That is all for now, Kav.

PS do not forget the AGM on the 17th June at Herne Hill.



The Photo on this months cover is the © Copyright - Paul J. Wright.

All Paul's photos can be seen on his web site – www.pjwphotos.co.uk

Images appearing on Paul's site are for viewing purposes only. No image may be used for personal or commercial use without written permission. If you wish to obtain copies, in either print or digital format, please e-mail the image number and print size or file size required to Paul Wright at – pjw2409@tiscali.co.uk

**SUNDAY 23 MAY 2004
THE ANNUAL TRIP TO BRIGHTON!!
COFFEE AT WOODSMILL

FOLLOWED BY LUNCH AT
THE BRIGHTON & HOVE GOLF CLUB.**

COFFEE SHOP OPEN FROM 11.00am
LUNCH SERVED AT 1.30pm.

PLEASE PHONE EITHER DOT (01689 851241)
or PAT (01273.546226)

Dear Mike, (Forwarded by Mike Peel) Well run, is there any chance out of interest of getting all our London PBs in the DLN. When you think how many of us have done it including Dave Rudd etc it could well be of interest and Mark is always looking for things for the 'mag' What do you think? John.

Good idea - but who will do it, who has done it?

Hi Mike, Perhaps you can ask in this months DLN for people to write in. There are even people like Dave Rudd's wife who although not a member is the wife of a member plus Terri who is an 'honorary' member. It was just a thought as so many of us have run in it.

GREAT IDEA FROM THE GEOGHEGAN'S YOU MUST BE THE ONE FOR THE JOB JOHN



Dear Mike, (Forwarded by Mike Peel) Please find enclosed 2 photos of Harry Thomas and I by the pool in his new home in Brisbane to which he has recently moved. You will note that in 1 photo he is wearing my De Laune hat.. He is keeping quite well and sends his regards to all who remember him. He was the club captain when I joined the DL in 1959 and used to be the club runs leader. He still remembers with fondness Mrs. Curds at Godstone, the Big Teapot at Biggin Hill. All you could eat for about 2/ 6d, no profit for them if Brian Saxton was around, and his favourite the Crown at Knockholt when there was the big room at the back, sadly now no longer habitable. Regards John.

John Geoghegan meets up with Harry Thomas...

East Surrey Hardriders. District TT Series

Sunday 14th March 2004

1	Michael Hutchinson	MDT. GIANT	1.01.28
	David Haggart	De Laune CC	Sorry I do not have a time, Ed.

Croydon & District CA 21

Sunday 21st March

1	J. White	JD Cycles	00:50:46
2	T. Bayley	Arctic Shorter RT	00:53:46
3	G. Andrews	London Dynamo	00:53:47
29	D. Haggart	De Laune CC	01:03:23

GS INVICTA - EYE LEVEL OPTICAL
10 Mile Time Trial Q10/22
Saturday 3rd April 2004, 12:00

1	70	Peter Tadros	In Gear RT	S	00:21:36		
2	60	Reg Smith	Chevin Cycles	V50	00:22:17	00:29:06	+6:49
3	30	Christopher Parlett	Gemini BC	S	00:22:21		
28	52	Alan Rowe	De Laune CC	V60	00:25:39	00:31:00	+5:21

V60: 1st Alan Rowe - De Laune CC (25:39) £10;

High Wycombe CC 10

9th April 2004

1	S Hunt	Icknield RC	00:21:54	4:12+
2	R Hughes	Clarence Wheelers CC	00:22:07	4:35+
3	S Barker	API Bikes	00:22:12	
29	D Haggart	De Laune CC	00:25:19	0:47+

Reading CC

25Mile Time Trial - Aldermaston

David Haggart De Laune 1:01:20

Eastway Supporters League Rumble

held at Lee Valley Cycling Circuit (Eastway) on March 27

On the final lap the rider's were spread across the road and the judges held their breath and we all stood back; flying from the mass were Danny Rudd (Edwardes Cycles) and Dean Wakelin (Api.com). Rudd had the lead but Wakelin was closing, but not quite enough and the race was Rudd's by a bike length.

Cats 2/3/4/J

1	Danny Rudd	Edwardes (De Laune)	1.17.46.5
2	Dean Wakelin	Api.com	1.17.46.6
3	Steve White	VCL	1.17.46.7
4	Ed Graefe	Team Economic Energy	1.17.47.0
5	Stephen Skuse	Kingsnorth Int	1.17.47.3
6	Matt Rugman	Kingsnorth Int	1.17.47.4

Ciclos Uno Summer Series

Held at Eastway Cycle Circuit, London on March 28.

Over 60

1	Brian Dacey	De Laune CC
2	Jeff Mindham	VTTA
3	Fred Little	Southend Whlrs

2004 Gorrick MBC Exodus Spring Series R3 14 March 2004

VETERAN – MEN

1	DAVID NELSON	BEYOND MOUNTAIN BIKES/WEST DRAYTON MBC
2	STEVE JONES	PEDALON.CO.UK
3	JACK PETERSON	NUMPLUMZ.COM
25	WILLIAM WRIGHT	DE LAUNE CC/EVANS/SPECIAIZED

2004 Gorrick MBC Exodus Spring Series R4 4 April 2004

YOUTH

	BILLY JOE	
1	WHENMAN	TEAM DARENTH
	SHANE HUTCHINS	TEAM DARENTH
	PAUL JONES	PEDALON.CO.UK
	NATHAN PALMER	DE LAUNE

MASTER – MEN

1	MIKE JACKSON	CC LUTON/GARY FISHER
	JOHN SMITH	NUMPLUMZ.COM
	KERRY SCOTSON	
	CLIFFORD STEELE	DE LAUNE CC/EVANS CYCLES RT

Surrey League at Walliswood

April 12, 2004 - Pearson Cycles – Walliswood

1	Matthew Rugman	Kingsnorth International J
2	James Scoular	Private
3	Neil Whelan	Southborough and District
64	Brian Dacey	De Laune CC



“DE LAUNE GREATS”

ALAN JACKSON

National Cyclo Cross Champion.
(1955)

Olympic Medallist
1956 Melbourne.

First De Laune rider under the hour. (1953)

Club '50 record (1954)

Club '100' record
(1956)

And many more achievements

Easter 'Fun Friday'

A good crowd enjoyed a programme of racing from a spectrum of cycling; Old Ordinaries delighted the spectators, as did the excellent road riders finale and a competitive Omnium.

Not quite the normal Good Friday meeting, but one that was enjoyed.

The road man's race ended the day's proceedings, this 70 lap race was open to road bikes and it was a fast and very competitive affair that ignited the crowd.

The first move was made Warrick Spence (LondonDynamo/Cyclefit.co.uk) and Dan Rudd (Edwardes), soon after they were joined by Bryan Taylor (VC Londres) and these three soon built a good lead. After a number of laps the break was caught and a period of relative calm took over, although the ultra fast pace soon saw the race fracturing. Guy Andrews (London Dynamo/Cyclefit.co.uk) attacked, and quickly onto his wheel was Spence and Taylor. Rudd a few laps later bridged the gap and the three once again built a lead.

The crowd was now well behind the riders and they cheered and hit the boards to encourage Vince Halpern (Twickenham CC) who was chasing the leaders down. The riders said that they could tell how close Halpern was getting by the spectator's reaction and when he did join the leader's a huge cheer went up.

The lead 5 lapped the field and as the 70 laps counted down, we awaited the sprint for victory. On the last lap Spence put in a dig, but into the final corner it was Taylor ahead, with Spence on his wheel whilst Rudd was coming through, past Spence to claim second behind Taylor. Phew! More, more, more!

Road riders 1 hour

1 Bryan Taylor VC Londres

2 Dan Rudd Edwardes & De Laune

Devil - Omnium

1 Bryan Taylor VC Londres

4 Dan Rudd Edwardes & De Laune

Points race - Omnium

1 Bryan Taylor VC Londres 28

5 Dan Rudd Edwardes & De Laune 2

6 Brian Dacey De Laune CC 1

NATIONAL Competition TT Records set in 2003

	Rider (s)	Club (s)	Time / Dist
Men's 100m	M Hutchinson	Team MDT-Giant	03:23:33
Men's Tandem 100m	Z Carr, G Taylor	apibikes.com	03:18:24
Men's Tandem 50m	Z Carr, G Taylor	apibikes.com	01:33:24
Mixed Tandem Tricycle 50m	S Brown, C Minto	East Bradford CC, Birdwell Whs	01:52:31
Women's Tandem Tricycle 15m	V Staines, M Cook	Mildenhall CC	00:44:37

“APRIL FOOL”

(Received on the 1st April)

I was perusing the DLN archive this morning and looked at the article about the Freewheel contest. It occurred to me that we probably need to tighten up on this event. I'm not sure that people are treating it seriously enough. Looking at the competitors, I didn't see any evidence of skin suits, aero-bars, disc wheels, aero helmets etc. I presume it is under CTT rules since it's not "mass-start", so it's really inexcusable that people don't approach it properly. Perhaps the committee could address this with an appropriate prize list and some appropriate reference in the DLN preceding the event. I was a little disappointed not to be able to ride myself, as I had high hopes after purchasing some aero-bars and helmet, winning a pair of Zipp's in a competition, carrying out my high-altitude descent training in the Alps in July and putting on 8 kilos weight aerodynamically distributed around the stomach area. Only my inability to physically put the bike and turbo-trainer (for warm-up) in the car prevented me from competing in an appropriately serious way.

(For anyone wanting to take a modern and structured approach to the 2004 event, I have some very interesting research papers from the Clermont Ferrand Institute of Aerodynamic Research, including some fascinating work by Mme Avril Foule)

Nigel Scales

Age	Year	Time	
39	1981	2:40:30	FLORA LONDON MARATHON SUNDAY 18th APRIL 2004 Mike Peel past president of the De Laune Cycling Club and Blackheath Harriers competed in the 24 th London Marathon, as you can see from the table Mike has taken part in every one of the London event since it was first run in 1981. There are a small group of runners that are known as the “EVER PRESENT” and these have all run all of the LONDON MARATHONS, last year there were 29 of them, at the time of writing this I do not know how many there were this year. Well done Mike how many more do you think
40	1982	2:46:30	
41	1983	2:54:40	
42	1984	4:15:35	
43	1985	2:53:59	
44	1986	3:08:00	
45	1987	2:49:49	
46	1988	2:55:20	
47	1989	2:59:08	
48	1990	3:06:22	
49	1991	3:09:32	
50	1992	3:06:29	
51	1993	3:07:08	
52	1994	3:24:07	

53	1995	3:07:04	you can manage, or are you hoping to keep going and being the last of the "EVER PRESENT" to run.
54	1996	4:50:43	
55	1997	3:35:47	Also running were two of our tri-athletes namely: "Harry" Corbett 3:37:52 Sam Baxandale 3:39:16
56	1998	3:40:52	
57	1999	3:43:35	
58	2000	3:21:14	Nick Kinsley no longer a member of the De Laune and a much younger man than Mike recorded a time of 2:41:27. <i>Mark (Ed).</i>
59	2001	3:47:02	
60	2002	3:42:44	
61	2003	3:48:20	
62	2004	3:48:55	

NOTICE BOARD

ANOTHER NEW SHOP

Evans Cycles London Bridge
6 Tooley Street (opp London Bridge Station)
LONDON SE1 t: (020) 7403 46110 f: (020) 7403 9487

Crystal Palace is back First proper race May 4 - youngsters at 18:30, everyone else 19:15.
Our event is on June 22 we will need at least 12 helpers.

Forwarded by Nick Butler

Hello Nick - I've just found your details on your web-site and wondered whether you may be able to help with a potential project I have coming up shortly.

I am looking to recruit long distance cyclists and mountain bikers for a market research group discussion in central London. I'm not sure yet of dates, venue or format, all I can say is that it will be an enjoyable and informative evening and anyone attending will be paid a travel and time incentive of roughly £30.

If you think you might be able to help me with this then perhaps you could e-mail me to let me know and I can send further details as and when I get them from my client.

Allison Samuel

Field Solutions Market Research Limited

1 Elliott Court, Back of Avon, Tewkesbury, Gloucestershire, GL20 5AG

+44 (0)1684 275837 – Tel, +44 (0)1684 276105 – Fax 07966067113 - Mobile

fieldsolutions@btconnect.com

This years Max Dods Memorial Run and BBQ will be on Sunday 25 July. At my place as usual, arrive 9am. start of run around 9.30. approx 40 miles.

If anybody wants further details they can contact me on Tele. No. 01227 373045.

Malcolm.

DATES TO REMEMBER

Diary Social/Club for 2004	
Sun 23rd May	OMA Lunch, Brighton
Thurs 17th June	AGM
Fri 29th October	Belgium Night/OMA

Diary of Club & Inter-Club Events for 2004					
Sun	9th May	Club Champs & Novices	25m	G25/47	08:00
Sun	13th June	Club - Mid-summer	25m	G25/53	08:24
Sat	26th June	Open Track Meeting Herne Hill			
Sun	1st August	Open - Fred Peachey	25m	Q25/8	?
Mon	30th August	Triathlon Champs		Hampton Pool	
Sat	11th September	OMA	10m	Q10/22	12:00
Sun	19th September	Club - Autumn	25m	G25/53	07:34
Sun	3rd October	Downhill		Tillburstow Hill, Godstone	11:00
Thurs	7th October	Roller Competition			
Sun	10th October	Hill Climb		GH31 Titsey	11.00

THE LAST DAY FOR COPY TO BE
INCLUDED IN THE NEXT ISSUE IS
WEDNESDAY 26 May 2004

THIS SHOULD BE SENT TO:
MARK BALLAMY
41 MAYES CLOSE
WARLINGHAM
SURREY CR6 9LB

Phone & Fax 01883 627809 . e-mail
mark.ballamy@virgin.net

PRODUCED by MARK & JASON BALLAMY
DISTRIBUTED BY BRIAN SAXTON

end





De Laune Cycling Club



Questions, comments, suggestions?... then please Email the [Webmaster](#). Site designed and maintained by [robin-web.co.uk](#)

