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DE LAUNE CYCLING CLUB

FOUNDED 1889

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DE LAUNE
CYCLING CLUB

2005

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"JAMES AND ROSS ON THE MEN'S PAIRS PODIUM AT SITS 24HR"

"Photo courtesy of Joolze Dymond"

DE LAUNE NEWS

October 2005

No. 880 -76th Year

www.delaunec.org

OFFICIALS			
PRESIDENT ROY SAVERY Fairwinds Goatsfield Road Tatsfield TN16 2BU 01959 577745	SECRETARY PETE HARRIS 91 Ashbourne Road Ealing London W5 3DH 020 8997 7852	TREASURER DON WHITE 12 Willowbank Gardens Tadworth Surrey KT20 5DS 01737 217565	CLUB NIGHT First Thursday of each month British Legion 97 Barry Road East Dulwich SE22

THE PRESIDENTS REPORTS

IS HE TO BUSY RACING TO WRITE A FEW WORDS?

BELGIUM NIGHT FRIDAY 28th OCTOBER

Belgium night is only a few weeks away so I spoke to my supplier in Belgium Hans Winters, what have you got for me Hans you know what this English people are like so hard to please give me something different ah duck legs white beans Belgium chocolate cheese truffle sweet baby bananas new potatoes. Hans told me he had two guys from England come over for the beer for Belgium night went by the name Kav & Stax crazy English men drink, drink, drink they buy enough beer for six Belgium nights sounds like Kav & Stax I hope their will be some beer left for Belgium night anyway here goes for the menu.

Cliff Steele

<p>TUSAN WHITE BEAN SOUP</p> <p>White beans sweated down with onions leeks celery white wine vegetable stock and finished with double cream serve with selection of continental breads</p> <p>CONFIT OF DUCK</p> <p>Confit of duck leg slow roasted in goose fat with basil crushed new potatoes balsamic caramelized baby onions natural jus</p> <p>VEGGIE OPTION</p> <p>POTATO GNOCCHI</p> <p>Potato gnocchi with roasted cherry tomato sauce with wild rocket pesto and a parmesan crisps</p> <p>CHEESE COURSE</p> <p>Selection of continental cheese with dried fruits nuts walnut and rasen bread and biscuits</p> <p>DARK BELGIUM CHOCLATE TART</p> <p>Warm chocolate tart serve with sweet baby bananas carols toffee sauce and shavings of bitter chocolate</p> <p>COFFEE - BELGIUM CHOCLATES & PETE FOURS</p> <p>Not my spelings!!! (MLP)</p>
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Don't forget to reserve your place for this Special Gastronomic Experience - Phone Dot Fuller 01689 851241

CLUB RUN – 4th September

The run had an all right turn out there was only 6 riders myself, Ross Fryer, David Haggart, James King, Sam Fensterheim and Harry Corbett who went around on his mountain bike bless him.

I had been to Richmond Park a few weeks back on a Saturday morning their must have been about 40 London Dynamo riders going round with about 40 riders joined in with them. They were split into 3 groups fast medium and slow it was well organised and very friendly and very impressive this is what I would like to see our club do on a Sunday morning but talk is cheap we need riders to come to Richmond on Sunday morning.

It did look good a bunch of De Laune riders going around in their De Laune strip and we did get noticed but if we could get 10 De Laune riders going round on a Sunday morning then we would get other riders to link up and hopefully join up we could then start to do some rides out to Box hill or were ever so the next date for our club run at Richmond Park will be at Roehampton gate at 9am Sunday 16 October I would like to see a least 10 De Laune riders there, it will not be a fast ride just a steady one so please make time it will be worth it.

CLIFF STEELE

The Chairman's Report

I keep getting asked "Kav what are we doing with all this money we have in the club?" Good question, so let me explain. I will not talk about amounts as our DLN is on the web and read by a lot of non-members.

We are now starting to get interest from our Building Soc. So after we take off 25% of that interest (to keep the fund built up) and the tax due, we are allowed to take the remaining interest for the benefit our club members.

So how do we all benefit I hear you all ask? Well, we no longer have a Time Trial Sec but have a Time Trial Manager. We no longer have a Road Race Sec, but a Road Race Manager etc. At the beginning of the year each manager is asked by the committee what he needs to promote his section and of course to encourage new members. Within reason, he is allocated money.

For instance, we allocated money to Bill Wright our Youth Development Manager/Officer. This has allowed him to take his group to championships, subsidise clothing and of course to encourage new young members.

We have an off-road section, which we have subsidised to enter events, as they are not cheap and are held all over the place.

When I asked Harry Corbet how much he wanted allocated to his Triathlon section he said "Nothing. Just the honour of riding for the De Laune" Bless him.

"What about the benefits to the non-racing group?" I hear you say and quite rightly so. We have a Social Manager, Cliff Steel who, as we know, is the king pin for our Belgium Night. Where can you get a four-course meal and all the wine you can drink for a tenner? We are hoping to get that cost down as well.

Do you remember in the old days the visits with the club to the Theatres? The trips down the Thames listening to Jazz? We can do it again but Cliff cannot do it all, so if you have an idea and are willing to organise it let us know the event and the rough cost.

Talking about the Belgium night, have you let Dot know if you are coming to our OMA/BN, which is on the 28th of October? From what Dot tells me two-thirds of the seats have gone already.

On the Sunday the 2nd October we have our Down Hill competition at Tilburstow Hill, Godstone. First man down 11am. If you remember last year the champion was our Howard Coulson who nearly went over the top to Godstone and if I remember he fell off at the bottom doing it and damaged his ribs! I



know he is getting old but perhaps Terry Deeley will come out of retirement to challenge!

October is the month of the Hill Climbs with our big guns Mat Goods, John O'Brien, and Ben Neville looking for wins. If you fancy yourself as a hill climber why not ride the club hill on White Lane/Titsey Hill on Sunday the 9th October.

How often have you said I would love to go out on my bike with the club run but I am not fit? Well you can now! Cliff Steel has organised a club run around Richmond Park on Sunday the 16th October. (9am start) You can do as many laps as you like (I think about 4 miles per lap) and if you feel knackered you can drop out and join the club run on the next lap! Just up my street.

If I do not see you at the above events I will hope to see you at the Belgium Night at the end of the month.

Kav.

PS if you remember a few years ago I organised a trip for the men to a place where woman had hardly any clothes on and you could drink as much as you liked for £3.00. I am doing it again. Maidstone Swimming Baths!

PSS We have a rider in the club who is winning club events who looks the business in his De Laune strip but has hairy legs! I wonder who that is.

Anerley Bicycle Club 50 – 21st August			
1	Michael Coyle	V.C. Etoile	01:51:00
29	Dave Haggart	De Laune CC	02:10:19
34th Nomads '10' – 3rd September – Tonbridge By Pass			
1	Sean Yates	In Gear RT	19.29
2	Paul Mill	Team Edwards	19:30
	Dave Haggart	De Laune CC	23.42
	Alan Priddy	De Laune CC	23.48
	Roy Savery	De Laune CC	24.03
	Malcolm Adams	De Laune CC	24.58
Redmond CC '10' – 3rd September			
1	Keith Coffey	Bec CC	21:13
11	Nick Butler	De Laune CC	22:50
26	Peter Mallin-Jones	De Laune CC	24:24
34	James Lett	De Laune CC	24:46
36	Peter Jenn	De Laune CC	24:52
52	Mark Rossi	De Laune CC	26:01
VTTA Kent Championship 25 – 4th September			
1	Phil BULL	Gemini B.C.	00:55:18
24	Alan PRIDDY	De Laune CC (4 th on age standard)	01:04:48
De Laune CC O.M.A. '10' ('7') – 10th September			
1	Nick Butler	De Laune CC	15:03
2	James King	De Laune CC	15:56
3	Sam Fensterheim	De Laune CC	16:06
4	Dave Haggart	De Laune CC	16:46
5	Alan Priddy	De Laune CC	16:59
6	Steve Carter-Smith	De Laune CC	17:11
7	Roy Savery	De Laune CC	17:19
8	Malc Adams	De Laune CC	18:09
9	John Starsmeare	De Laune CC	18:20
East Sussex CA 10 – 17th September			
1	Jim Cheek	Lewes Wanderers	21:23
27	Alan Priddy	De Laune CC	25:06
East Sussex CA 25 – 18th September			
1	Jim Cheek	Lewes Wanderers	00:55:05

22	Alan Priddy	De Laune CC	01:04:03
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OMA 10 10/09/05

Short course due to road works approx 6.6 miles - damp, not cold & not windy.

	Age	Actual	Std	+/-	On Standard
ROY SAVERY	69	17.19	21.07	+3 Mins	48 Secs
ALAN PRIDDY	63	16.59	20.08	+3 Mins	09 Secs
MALCOLM ADAMS	66	18.09	20.38	+2 Mins	29 Secs
STEVE CARTER-SMITH	49	17.11	18.02	+	51 Secs
DAVE HAGGART	44	16.46	17.21	+	35 Secs
JOHN STARSMEARE	41	18.20	16.58	-1 Min	22 Secs
NICK BUTLER	36	15.03	15.39	+	36 Secs

Nick unfortunately does not qualify NOT OLD ENOUGH! / has not been a club member for 10 years. But if he had qualified he would have needed to have got round in 11.50. to have won! Thanks to Tony Peachey for calculating the standard times to 6.6 miles.

Malcolm.

Autumn 25 18/09/05

1	Nick Butler	58:40
2	Sam Fensterheim	1:02:15
3	Dave Haggart	1:03:26
4	James King	1:03:54
5	Howard Coulson	1:05:19
6	Paul Turner (PTT)	1:08:27

VETS BAR 2005

<u>ROY SAVERY</u>	10 Miles	24.03
	10 Miles	24.12 *
	25 Miles	1.03.58
	25 Miles	1.06.25

Average Speed 23.9453 MPH

Age Standard at 68*	10 Miles	31.45
Age Standard at 69	10 Miles	32.00
	25 Miles	1.21.53

Average Speed on Standard 18.5670MPH Plus on standard 5.3783 MPH

<u>ALAN PRIDDY</u>	10 Miles	23.48
	10 Miles	23.57
	25 Miles	1.02.41
	25 Miles	1.03.21

Average Speed 24.4668 MPH

Age Standard at 63	10 Miles	30.30
	25 Miles	1.18.20

Average Speed on Standard	<u>19.4104 MPH</u>	
	Plus on standard	<u>5.0559 MPH</u>

<u>MALCOLM ADAMS</u>	10 Miles	24.58
	10 Miles	25.50
	25 Miles	1.09.39
	25 Miles	1.10.05

Average Speed	<u>22.5488 MPH</u>	
Age Standard at 66	10 Miles	31.15
	25 Miles	1.20.08

Average Speed on standard	<u>18.9597 MPH</u>	
	Plus on standard	<u>3.5891 MPH</u>

The above shows the current position, however still awaiting other claimants please contact me if you qualify:- Two '10's and two '25's and 40 years or over. All claims by 31st October.

Malcolm Adams Tele 01227373045 or e mail jazzymalc@aol.com

VETERANS AGE RECORDS (26/09/05)

<u>DISTANCE</u>	<u>AGE</u>	<u>TIME</u>	<u>NAME</u>
10 MILES	46	21.47*	TONY PEACHEY
	58	22.09	PETER JEAN
	59	22.27	PETER JENN
	63	22.44	ALAN ROWE
	65	22.57	ALAN ROWE
	68	26.42	(ROY SAVERY)
	68	24.52	(ROY SAVERY)
	68	24.12	(ROY SAVERY)
	69	24.58	(ROY SAVERY)
	69	24.03	ROY SAVERY
	70	29.49*	JOHN GILES
	72	30.38*	JOHN GILES
	25 MILES	53	55.27
55		56.20	PETER JEAN
63		56.33	PETER GUNNELL
64		59.35*	PETER GUNNELL
65		1.03.32	ALAN ROWE
68		1.07.12	(ROY SAVERY)
69		1.06.25	(ROY SAVERY)
69		1.03.58	ROY SAVERY
30 MILES		46	1.10.35*
	58	1.10.40	ALAN ROWE
	59	1.12.14	ALAN ROWE
	60	1.14.50	ALAN ROWE
	64	1.16.18	ALAN ROWE
	70	1.36.11*	JOHN GILES
50 MILES	46	1.50.57* (Club Record)	TONY PEACHEY
	47	1.54.28*	TONY PEACHEY
	62	1.59.24*	PETER GUNNELL
	63	2.03.25*	PETER GUNNELL
	70	2.36.11*	JOHN GILES

100 MILES	47	4.04.31* (<i>Club Record</i>)	TONY PEACHEY
	48	4.08.30*	TONY PEACHEY
	50	4.15.35*	DAVID HURST
	51	4.19.26*	DAVID HURST
	52	4.24.08*	DAVID HURST
	57	4.25.15*	PETER GUNNELL
	60	4.26.08*	PETER GUNNELL
	62	4.30.47*	PETER GUNNELL
	63	4.46.02*	PETER GUNNELL

12 HOURS	40	256.359 Miles*	TONY PEACHEY
	46	253.410 Miles*	TONY PEACHEY
	47	244.258 Miles*	TONY PEACHEY
	48	240.431 Miles*	TONY PEACHEY
	50	238.638 Miles*	DAVID HURST
	51	238.104 Miles*	DAVID HURST
	56	233.31 Miles*	PETER GUNNELL
	62	228.52 Miles*	PETER GUNNELL
	63	204.37 Miles*	PETER GUNNELL

24 HOURS CLAIMANTS MUST BEAT V.T.T.A. STANDARDS



De Laune Cycling Club



Questions, comments, suggestions?... then please Email the [Webmaster](#). Site designed and maintained by [robin-web.co.uk](#)

