

DE LAUNE CYCLING CLUB

Founded 1889

OUR ONE HUNDRED AND THIRTIETH YEAR

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**JAYNE
ON HER**



September 2019



Birthday celebrations for September



6th John Darroch - 12th Sarah Archdeacon - 14th Maureen Jackson 20th Mike Rice -

22nd - John Kavanagh - 23rd - Brian Shambrook - 24th Len Brown -

24th Michael Moore - 24th Clif Pendleton - 25th Len Double - 29th David Palfrey

**Don't forget the Old Members "10"
On**

**Saturday 14th September
3pm Isle of Grain
See you there.**

**Club Rides (Sunday): Meet 9am,
Cadence Performance
2A Anerley Hill, Crystal Palace,
London SE19 2AA**

**CLUB NIGHT
SECOND MONDAY
OF EACH MONTH
HERNE HILL VELODROME
104 BURBAGE ROAD
LONDON SE24 9HE**



President's Pen



**PRESIDENT
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Kennington
SE17 3SX

Back in June 2018 I totally jinxed Simon Yates' chance of winning the Giro by bigging him up in this column with just a couple of days of racing left, and last month I managed to screw up Geraint Thomas, Julian Alaphilippe AND Thibaut Pinot's chances of winning the TDF by mentioning them in this column. I hadn't expected Alaphilippe would fade so spectacularly; I knew nothing of Pinot's bad knee; and Thomas sending his 5- placed teammate Bernal up the road on the antepenultimate stage was a pretty surprising move from a team leader. I hadn't even heard of Bernal at the start of the race – but the youngest winner in Tour history also trounced Thomas in the victory speech competition. Last year poor G was totally overawed and gave a mumbled speech in which he forgot to mention his wife, while this year 22 year-old Bernal pulled off a heroic four-language effort in Italian, Spanish, English and French on the Champs Elysées podium. Chapeau, as they say – or should that be Sombrero?

I'm delighted to welcome another new member – young Roger Hargeaves, who we think has probably only been a member of De Laune around five times before. Here's



a picture of a photo of him on a table in Loughton, Essex. It was taken at the Viking Wheelers' 'Valhalla' cyclocross series sometime in the late 80s I think.

He joins as a second claim member, and was a very welcome surprise visitor to our Christmas Clubrun in Richmond Park last winter.

A random nugget of local history grabbed my attention recently – raising more questions than it answers really:

While the De Laune Institute and its fledgling cycling club was getting going in 1889, based at New St, Newington, the brand new City and South London Underground Railway (now the Northern Line) was being built. Kennington Station, at the corner of New St (now Braganza St) and Kennington Park Road opened in December 1890. The C&SLR had six stations starting from Stockwell and running under the river to King William St in the City.

It was a great success and had 5.1 million passengers in its first year, and quickly extended to Clapham Common and up to Angel by 1901. There's a wealth of information about all this on Wikipedia.-

en.wikipedia.org/wiki/City_and_South_London_Railway) – but it did set me thinking: This new 'cycling craze' which saw the De Laune Institute Cycling Club grow so rapidly, was accompanied by a significant new availability of affordable public transport. So I wondered just how the two new modes of transport got on together, and in particular how the new underground railway (and indeed other new railway lines being built all over the place) affected the growth of cycling.

I don't have the answers – but if anyone is interested enough to look into it I'd love to know more!

A follow on from last month:

National Hill Climb 1959.

The event was held on Winnetts Pass, a long and winding road which got steeper and steeper towards the top – known as a roadmans hill, which probably explains the number of top roadmen in the illustrious list of riders, held some 60 years ago. The DLN article certainly livened up a few my grey cells in the brain.

This was an era when 'Cycling Weekly' would publish a full list of entrants in National Championships the week before the event and a full list of finishers a week later, now you are lucky if you get the first 8 riders mentioned, but hey ho those days are gone.

Apart from the 'star' De Laune riders of Denny Tarr, Ken Fuller and myself (+ Roy Savery riding for the Shaftsbury CC) there were many familiar names to me from my road racing and time trialling days.

In the first 4 was Dave Patten (Tunbridge Wells) a regular winner of local hill climbs and short distance time trials.

7th place went to Bill Bradley who sadly passed away in 1997, he won the National road race championship twice and represented GB at the 1960 Olympics.

12th place Billy Holmes, he represented GB at the 1956 and 1960 Olympics and was a member of road race team who took Silver at the 1956 Olympics in Melbourne where our own Alan Jackson competed and secured an individual bronze medal.

Vin Caswell, I had many a tussle in time trials on the Yorkshire roads during the 1970's and 80's, he usually got the better of me but on a good day the tables would be turned in my favour.



Vin Denson, another roadman, competed in the Tour de France as well as road races here. Often a guest speaker at cycling functions these days.

Barry Hoban, winner of 8 stages in the Tour de France in his hey days, fortunately he finished behind me this time in 1959.

John Woodburn, BBAR winner and National 25 champion as well as holder of many place to place records – always one to be reckoned with – our birthdays were just one day apart, but he invariably beat me on standard !! Again no longer with us.

Ray Charles – again a roadman but also a useful time triallist. For a short time, when Cycling Weekly were beginning to ignore time trial results, Ray produced a chatty newspaper type publication, full of useful information on riders but he just could not produce sufficient copies to make it viable – nice while it lasted.

Clearly my cycling career at this time was based very much on road racing, time trialling came later. My diary notes that in the earlier in 1959 I won the RAF National hillclimb on Sutton Bank in Yorkshire recording 5min 59.6secs. This was during my National Service commitment.

The 2019 Tour of France.

Looking at last months DLN I cannot think of anything new to tell you, but I will try.

The normal contingency of three De Laune members: Stack, Titch and me, and one San Fairy Ann member, Geoff Hodgson, drove to Ghent for our first stop.

To avoid the crowds, and because of the lack of parking places, we decided to stop in Ghent and go into Brussels by train to see two stages - the road race and the time trial. Well, that was the plan.

On the first day in the Ibis Hotel I got caught in the lift doors. You know the scenario - you let two ladies go into the lift first and by the time you get in the doors start to close. Out goes your arm without thinking.

Because the wound was deep in my arm the hotel paid for a taxi to take me to hospital. I was in and out in 30 minutes with a dressing and bandages in place and they did not ask for my EU medical card. If this was in the UK you could be in the waiting room for half a day.

The first event we saw was the team time trial in Brussels. Well, I say saw, what I did see were the heads of the riders going past. This was due to it being three people deep at the side of the road. The exciting bit was the police trying to get the Green Peace demonstrators down from the lampposts. What's the saying - 'It's the atmosphere that counts'?

And no matter where we go, Peter Jenn turns up. I had the telephone call from Peter saying that he would meet us in the Marriot Hotel at 5pm on Friday - and that was that. He showed us a restaurant the name of which I cannot remember, but it was so good we ate there three times.

Peter left us to drive to the south of France to his pad. Well it's a skip with curtains really!

Next stop was Rheims. I remember in a restaurant there we asked for four Kir. This is a drink consisting of white wine and blackcurrant liqueur. I remember the waitress asking if we wanted Kir Royal? Not knowing what royal was, we said yes. Royal meant the white wine was left out and champagne put in - the cost was in the region of 30 euros. Next time we asked for four beers.

The next stop was the Budget Hotel in Nancy. This was more like a box with a sink. Again the format was find a bar with a TV to see the Tour. As I said it is the atmosphere that counts.

We then went to a place called Colmar on the border with Germany. I would recommend this place for a holiday. It is called Little Venice and is complete with punts on the canal. The place was full of tourists. We had our own personal pickpocket who followed us around. He tried to get Stack's wallet from his back pocket. He then came to me and said 'Look up there', in order to then pick my pocket. This didn't work and we felt sorry for him so we bought him a beer.

Looking for a restaurant in Colmar was hard but we found one that was Algerian. It was great. The food was very different, I must say, the best food we had. I asked for the wine list and was told they had only two types of wine, red or white. We said we would have the red. Looking at the label it was made in Algeria. It was great so we had two bottles.

We made our way back to the UK, stopping at the Ibis in Beaune. The distance from Beaune to Maidstone is about 450 miles and, in the old days, this would have been no problem. This time I shared the drive with Titch and I think we both found the going was tiring. What can you expect from two 85 year olds?

Kav.

PS The arm is back to normal but last week on the club run Geoff went into my back wheel and broke his arm. What more can you expect from old people?

FIONA KOLBINGER

I expect that you have now all heard of this young lady as the result of the 7th Trans Continental Bike race got world wide coverage on and in the media..

Fiona winner of the 7th Trans continental bike race in her first ultra-distance challenge which had 264 starter of which there were 40 ladies, she finish first in 10 day 2 hours after riding 4250km and was over 10 hours in front of the

second finisher.

Fiona finished on the 6. August and she was at the finisher's party on the 11th, so my guess is that she stay there getting a few rides in. On the 12th she set off to ride to Paris



arrived there on the 15th after covering some 463 mile to await the start of the Paris-Brest-Paris event that she was riding, this event has been held every 4 years since 1891, there were 5915 starters, 2500 volunteers and 178 towns visited on the ride. Starting on the 18th Fiona a arrived in Brest some 39h 26m at 9am on the 20th and some 610km ridden. She arrived back in Paris in total of 75 hours 59 Mins 40 sec.

She now starts work on the 1st September as a Cancer researcher surgeon

More over.



TCR#07

Fiona Kolbinger



Day	Date start	Date end	km	climbing	avg speed	time total recorded	time ride	stop during track	stop between tracks	time race total	stop total
1	27.7.19 6:00	27.7.19 23:31	414.71	5796	24.7	17:31:22	16:49:11	00:42:11	00:03	17:31:22	00:45:49
	27.7.19 23:35	28.7.19 1:00	39.48	692	27.9	01:25:03	01:25:03	00:00:00	2:45	19:00:03	02:45:57
			454.19	6488	24.9	18:56:25	18:14:14	00:42:11			
2	28.7.19 3:46	28.7.19 21:38	354.35	5458	22.5	17:52:35	15:47	02:05:35	01:57	39:38:35	04:03:00
3	28.7.19 23:36	29.7.19 19:48	431.97	1166	26.0	20:12:29	16:37:40	03:34:49	06:44	61:48:29	10:19:20
4	30.7.19 2:33	30.7.19 21:57	474.94	1164	26.9	19:24:39	17:41:13	01:43:26	05:28	87:57:39	07:11:47
5	31.7.19 3:26	31.7.19 9:00	164	1060	29.8	05:34:00	05:30:00	00:04:00	00:01	99:00:00	00:05:00
	31.7.19 9:01	31.7.19 20:27	230.69	3685	22.3	11:26:13	10:21:14	01:04:59	00:02	110:27:13	01:07:46
	31.7.19 20:30	1.8.19 0:30	45.37	1659	13.6	04:00:08	03:19:27	00:40:41	04:37	114:30:08	05:18:33
			440.06	6404	22.9	21:00:21	19:10:41	01:53:40			
6	1.8.19 5:08	1.8.19 17:28	226.41	4160	21.6	12:20:44	10:28:27	01:52:17	00:00	131:28:44	01:52:33
	1.8.19 17:29	1.8.19 23:23	125.43	1149	24.5	05:54:19	05:07:06	00:47:13	04:44	137:23:19	05:31:54
			351.84	5309	22.6	18:15:03	15:35:33	02:39:30			
7	2.8.19 4:08	3.8.19 0:12	415.84	2924	25.2	20:04:51	16:30:24	03:34:27	05:45	162:12:51	09:19:36
8	3.8.19 5:58	3.8.19 18:12	178.89	4553	18.0	12:14:15	09:57:27	02:16:48	00:04	180:12:15	02:21:33
	3.8.19 18:17	4.8.19 0:04	119.67	866	24.2	05:47:48	04:56:44	00:51:04	05:32	186:04:48	06:23:16
			298.56	5419	20.0	18:02:03	14:54:11	03:07:52			
9	4.8.19 5:37	5.8.19 1:11	372.32	2273	24.3	19:34:00	15:17:34	04:16:26	03:25	211:11:00	07:41:26
10	5.8.19 4:36	6.8.19 7:45	531.02	3325	22.4	27:09:55	23:42:22	03:27:33		242:45:55	03:27:33
Total			4125.09	39930	23.8	200:32:21	173:30:52		41:13:34	242:45:55	68:15:03

grey data on day 5: no Strava record available. Track reconstructed in Komoot. Due to trackleaders there was no long stop during this section.

THE TRANS CONTINENT BIKE RACE started on the 27. July and when you read this there could still be a few riders who have not yet finished. There were 264 starters of which 40 were women, this was the 7. time this event has been held and you may remember that Jayne Wadsworth, De Laune CC was the only lady to finish that event.

You may have seen reports of this event as it made the national press and TV News as it was the first time that a lady Fiona Kolbinger from Germany was first to finish and lead by over 200km and it was over 10 hours before the next rider finished.

Above is a record of her ride which I think could be of interest.

4125km in 10d 2h 47m

MAX DOD'S MEMORIAL RIDE AND BBQ.

We were somewhat depleted this year due to the weather forecast, after the hot spell, along with the proposed closure of the London bound carriageway of the M2.

However, neither materialised!

On top of that we received a call from Pat Brown to say they would not be coming as Len was not that well. Certainly an understatement as the next call from Pat was to say Len was in hospital with appendicitis, and was duly operated on. So at the age of 81 that must be a record Len. Hope you are recovering well.

We had a ride of 26 miles, some off road, for a change, and much of the rest on cycle paths. Poor Alan seems to have lost his cyclocross skills and hit the ground twice, thankfully no damage to either himself or bike!

Our small gathering (10) did not have to fight for the BBQ and even I managed to get something to eat! We then spent an enjoyable afternoon chatting.



The riders were Alan, Debbie & Mike, my Thanet RC friends, Terry & Jennie, and me, Ma;colm

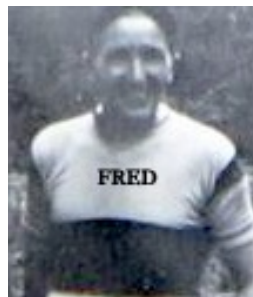
The things you find in a Loft

I have been encouraging Tony for years to get to grips with the contents of our loft. I might add that it is some 30 years since I have actually climbed the ladder myself but I am well aware that the space holds many suspect antiquities.

I have at last convinced Tony that we must get to grips with the clutter before we get to the point that neither of us are able to clamber through the hole in the ceiling – the time has come to clear. I was aware that there was some school work left by Claire, in fact there were 6 boxes and 1 suitcase of this valuable GCSE information which was so out of date now it is completely useless.

After 57 years of marriage I am fully aware that Tony is a hoarder and we have start and result sheets of every time trial, road race and track meeting he has ever ridden. Bearing in mind he rode his first event in 1953 that's a lot of paper. Obviously there were a few of my events and also Claire's but in the main whatever Claire rode Tony rode as well. My first task was to bring all this paperwork down to sort, filter and pack up ready for disposal. In such cases it is fatal to start to study the results, it can waste an inordinate amount of time as interesting as it is. I did find some photos mixed in with the results, quite often the major events supplied a photo of the rider during the ride. The most telling one I found was a shot taken of Tony on the finishing circuit in the National 24 hour, after 22 hours of non stop riding nobody should look that bad !!! he did finish 6 with a 249 mile ride so I suppose it is understandable.

Mixed in amongst the start and result sheets I found one for the Southern Counties 25 held on 22 April, 1922. As Tony was not born until 1936 it clearly did not record his time but it did record a time of 1.11.11 of F.G. Peachey – Tony's Dad Fred. This was a time before the RTTC (*only just, Ed*) existed therefore there was no limit to the number of riders allowed. The event



was for clubs in the L to Z section, at that time Fred had left the Wren Wheelers and joined the Tooting. There were 127 entrants accepted and Fred finished 35, quite a good ride. The overall winner was Frank Southall of the Norwood Paragon with 1.1.55. Listed were 2 timekeepers, one handicapper and one referee, quite what this last gentleman did is not disclosed. I know from my discussions with my Dad, Sam Lawrence that Frank Southall was a highly respected rider of the day, winning events every week. Very few events gave prize money as awards – winners and placed riders were given medals and/or plaques to record their ride.

As a bit of background to cycling history, the early days of time trialling some uniformity into the conduct of road time trials as a sport where events were held on open roads was needed. To this end a group of cycling clubs got together to form the Road Racing Council in 1922, and laid down some 15 rules which all had to abide by. This seemed to work well but the Membership was to confined to founding member clubs and those clubs who organised open events. This ad hoc system worked however an ever increasing number of events and subsequently competitors, often using the same stretches of road and causing confusion to riders, motorists and onlookers, quickly got out of hand. This created some tension, thus a small committee got together in order to modernise the organisation of the sport which resulted in the Road Racing Council morphing into the Road Time Trials Council in 1937, membership was opened to all cycling clubs for a small fee, creating clear set of rules for organisers, clubs and individuals alike.

Most of the loft clearance has been achieved but only after disposing of 21 frames all neatly stacked, and 14 wheels – as each new bike was purchased the old one went up into the loft 'just in case'. Various odd bits of furniture, carpets, baby baths remain but enough decisions have been made just now. Do you know what exactly is in your loft ??? A lot can accumulate in 50+ years. You might find it to be an educational experience.

Val the Peach

History of Cycling Time Trials

In order to ensure a measure of uniformity in the conduct of road time trials, a group of cycling clubs formed the Road Racing Council in 1922. Membership was confined to founder clubs and to clubs promoting open events. A set of recommendations was agreed upon and for fifteen years the sport flourished to such an extent that it became necessary in 1937, in view of the modern traffic conditions and the ever increasing number of events and competitors, to review the whole position.

✧ ✧ ✧ NOTES ✧ ✧ ✧



We welcome back Roger Hargreave into the Club

Roy Savery recently spoke to Peter Gunnell and his wife Pat
Silk Mountain Bike Race



RUDY ROLLENBERG & JAYNE WADSWORTH

Jayne Wadsworth abandon after 392.4Km we do not know the reason why.

Dear De Laune CC,

My name is Matt Hawkins and I'm Project Coordinator for the London Cycling Campaign. I hope you're well.

I am emailing to ask if you as our named contact or other members of your cycling club would be interested in attending a focus group on cycling behaviour.

The session will take place on Tuesday 3rd September, 6.30pm-8pm, at the LCC offices in Wapping. The purpose is to work out what we can do to help promote a more collegiate environment for cyclists in London – not just club members but everyone who cycles on our city's streets.

Anyone who is interested can register their interest [using this form](#) and we will then follow-up with more information if they've been selected.

We will pay travel expenses and provide refreshments.

Thank you very much in advance for your help and support in promoting this focus group to your members.

Matt

Matt Hawkins

Project Coordinator (Part-time)

matt@lcc.org.uk

Social Club Events for 2019

<i>Sunday</i>	<i>17 - Nov</i>	Newnham Memorial Service and Lunch
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Club & Inter Club Events for 2019

<i>Saturday</i>	<i>14 Sept. 15:00</i>	<i>Q10/24</i>	<i>Old Members Club 10</i>	<i>Isle of Grain</i>
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Members may like to know that it is now possible to join, or to renew your Club membership online.

Simply follow this link

<https://www.riderhq.com/groups/delaunec/join>

or click on the button on the membership page of the website.

SEE MESSAGE BOARD to keep UP TO DATE

<http://mikepeel.proboards67.com>

CLOSING DATE FOR THE NEXT ISSUE 26th September

Anything for inclusion please send to:

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