

NEWS DE LAUNE



CHRISTMAS GREETINGS

EVANS

C Y C L E S . C O M

DECEMBER 2008

CLUB NIGHT
SECOND MONDAY
OF EACH MONTH

Camber Tennis Club

Dulwich Common SE21 7EX

1889 DE LAUNE 2008
CYCLING CLUB

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PRESIDENTS REPORT

Hi everyone,

The month started with the KCA Reliability Trial on the 2nd Nov, organised by Pat Hill, and run by Val & Tony Peachey. We had a good turn out, and there is a report elsewhere in the mag. It was a great event, and thanks to Kav for organising the Club's entries – I believe we had 20 riders! As all the riders know, the weather was great. All you people who don't do these events are missing so much!

On the 7th, we had a terrific Belgian Night thanks to the efforts of Kav, Mike Peel, Brian Saxton and Titch Shambrook. The evening was well organised, ran very smoothly, the food was superb – Cliff did a wonderful meal, ably assisted by his lovely wife and daughter. The wine flowed freely, and the company was great, though there was not much cross-toasting. Everyone was probably too busy eating. We also said goodbye to John and Eileen Geoghegan, who are going off to Australia for the next 18 months.



The Club had its first club run for a long time from South London. We will be going from the same place every week. We meet at West Wickham swimming baths at 10.00am on a Sunday, weather

permitting, of course. For the first ride we went out via Woldingham to Gangers, round to Bletchingly, Thaxted, and home via Paines Hill, which is about 35 miles. I left the group at Tatsfield, and they cycled on back to West Wickham. A good time was had by the 6 who turned up – John Archdeacon, Dave Burford, Kenny Legg, Steve Valentine, Dave Haggert and myself. Why not come and join us. You can do as many or as few miles as you like.

I had a phone call from Mark Ballamy who volunteered to be my chauffeur for our visit to Newnham on Sunday, 16th November. This year was even more special than usual, because the family of one of our members, Bernard Palastanga, who was killed in the Second World War, were present at the service, and came to the lunch afterwards. The four members of his family were Margaret and Jim Brice (his sister and brother-in-law), and their daughter Rachel and her daughter Emma. Emma had done a project at school on the Second World War, and she discovered that her great-uncle was killed in this war, and research on the net disclosed that he had been a member of our Club. Contact was made with George Wood, who was a friend of Bernard Palastanga, and from him they heard about our annual Remembrance Service and decided to join us. We sincerely hope that our association with this family will continue.

The subject of my sermon was the thought that when we buy gadgets we need to read the instruction manual if we want to avoid making mistakes, so why not read the ultimate instruction manual, the Bible, to show us how to live our lives.

Dot did a great job of organising the lunch which followed the service – thanks Dot. Hope you have a great time in Oz.

Thought for the month:

“I am more and more convinced that our happiness or our unhappiness depends far more on the way we meet the events of life than on the nature of those events themselves.”

Karl Wilhelm Von Humboldt (1767-1835)

“KAV’S REPORT”

Sunday morning the 2nd of November and it is the day of the KCA Reliability. I have entered 23 De Laune riders and I am thinking how many will turn up?

Well they all turned up with the exception of Malcolm Adams who was going on holiday to America the following day and was frightened he would fall off. Tony Peachey who helped Val with the timing and Roy Chittleborough who was frightened to get his new carbon bike dirty! But we still had De Laune riders to fill the places.

Riders of note were little Patricia Conner who only started riding a bike last year, hung on to the wheel of her man Lenny Brown, like glue, and finished inside of the three hour limit. Terry Deeley, I was told, started a group in front of the main De Laune bunch to avoid a fast pace. Well they caught him and spit him out of the back. He was last seen wandering around the lanes of Kent in a daze! Val told me he finished but only just.

It was good to see our new member Alex Hafey riding, and Mal Pires who is our clothing manager. I must admit he did look the part and better still when he gets some De Laune kit on.

I think we all agreed that it was great to get all the guys together in one event and we must keep the ball rolling. With all the photographers in the club no one brought out a camera. Alan brought out his new digital camera but could not make it work! The only bit of excitement we had was the sprint finish between Roy Savery and Alan Priddy. I think Roy got it by a whisker. You would think that men of their age would know better!

My next Park & Ride will be the Christmas Club Run around Richmond Park on the 14th of December at 9am and NOT 11AM AS IN LAST MONTH DLN. (sorry about that Kav did not think you could get there by 9 Ed). You cannot find a place to park in Richmond Park after 9am. Members and guests are welcome to join us for mince pies, sausage rolls and mulled wine after the run even if you do not ride.

On the 1st of February we have the Catford "Hell of the Ashdown" reliability. This is a tough one over a 50 or 110 km course. Full details are on the web. My advice is to enter yourselves now, and not through me, as this event will quickly become full. I have pencilled in an invite from the Sussex Nomads for all southeast clubs to join them for a large club run over, again, I think, 50 or 100 km on the 15th February 2009. I will let you know about this one later.

I would like to thank the following guys for their support in the KCA. Steve Valentine, Alan Rowe, Malcolm Adams, Chris Rudolf, Jon & Sarah Archdeacon, Dave Haggart, Roy Savery, Nigel Scales, Pat Conner, Len Brown, Terry Deeley, Alex Hafey, Mike Peel, Mal Pires, Steve Taylor, Kenny Legge, Cliff Steel, Roy Chittleborough, Peter Jenn, Alan Priddy, James Peckover, and our KCA time keepers Val & Tony Peachey. Thanks Guys.

Our President Roy Savery will be running regular winter club runs from West Wickham baths starting at 10am. Please give him your full support.

STOP PRESS The Catford Hell of the Ashdown has closed its entries. We have 16 riders from the club. Chris Gordon-Coker, James Peckham, James Lett, Jane Wadsworth, James Lyon, Dave Haggart, Cliff Steel, Brian Dacey, Roy Savery, Mick Valentine, Steve Valentine, Len Brown, Ken Legge, Mike Peel, Adam Glasser and me!

THE BELGIUM NIGHT.

The best yet and the high light of our year and a full house. If you remember a few years ago the numbers started to dwindle for club dinners and I think one year we cancelled the club dinner altogether. The problem we had was that nobody wanted to listen to long speeches and a prize prize presentations that went on forever. It worked in the old days but not now.

We got together and brought up the Idea of a Belgium Night with no long speeches, no long prize presentations but good basic food with wine and beer from France and we would watch roller racing! It was such a success that every one wanted to go so we did away with the roller racing to make more room for bums on seats.

Then Cliff Steel our chef put the cat among the pigeons by giving us food out of this world bless him.

Our waiters had to train for this event by running up and down stairs with a couple of plates. The original waiters Stax, Titch, Peter Jenn and me would train three nights a week! Peter had to drop out, as he could not keep up the pace. We brought in a young lad called Mickey Peel. He is not bad. Did you know the average age of the waiters is 70? Thank you Mike and Stax for dressing up the clubroom for the occasion. I know it took them all day.

The stars of the show are Cliff and Carol. Did you know that Cliff spends two days preparing food for the Belgium night?

Cliff has asked me to thank everyone for the donations (Cliff will not take a wage for his work.) As he puts it, in that Irish brogue, "I do it for the club". Cliff found it easier this year and enjoyed cooking for us.

The beef was delicious, (I had two lots) and the sweet was so light (I had three lots) All part of the waiters perks.

This is the time of the year I would like on behalf of the members to thank the boys and girls of the club who work in the engine room and make our old club run.

First a big thank you to Mike Peel our web organizer and old 'whatsit' who does the DLN mag every month without fail. I cannot think of his name at the moment - he is coming up for 76 (*wrong again it is 77 Ed*) he tells me! Thanks guys you both keep the club informed at all times. Our event organizers, Alan Rowe, Jeremy White, Roy Savery, Jon Archdeacon, Dot Fuller, Mike Peel, Val Peachey and Bill Wright what would we do with out them?

Another big thank you to the guys who have jumped in at the deep end over the last 12 months and took up important jobs for our club. Nigel Scales our club secretary. Jon Archdeacon our club chairman. Mal Pires our

clothing secretary Val the Peach our keeper of the purse and not forgetting Malcolm Adams who I cannot remember what he does? (*Hope you have not forgotten anyone Ed*)

A big thanks to Stax who keeps all the names of people who are in the club and the people who have not paid subs! He also has a house full of De Laune memorabilia. He told me he could only just get to one chair; so, along with his mum and sister in the house, it will be his turn to sit down a week next Thursday.

Lastly, I would like to thank my fellow Memorial Fund Trustees, Bill Wright, Tich Shambrook, and Brian Waller who have both, over the last two months, been chasing around like blue a...s flies to building societies, banks, and brokers to get a good rate for our trust fund. Spread the load if you know what I mean!

We have special board meetings at Costa Coffee at Bluewater and Lakeside. A bit noisy but the coffee is good.

I hope we can all get together for the Christmas club run at Richmond Park on the 14th December and drink a toast to the De Laune.

Merry Crimples and a Happy New year to you all.

Kav.

THE COSTA STORY

A drop of history in every cup.

Costa coffee was first poured on our shores in 1971 at 9 Newport Street, London, by Sergio and Bruno Costa. Today, just a few metres away from where they first set up, the Costa Roastery produces the same unique Mocha Italia blend that the Costa brothers worked so hard to create.

BELGIUM NIGHT

Full house once again, for the Belgium Night. I really don't know how Cliff – our 'talented' chef, and Carol, cope with us all! Such a great deal of preparation goes into the most wonderful dinner he serves us, and not forgetting the clearing up afterwards, when we have all wondered off home – but I must mention the 'steady-handed waiters, imported from Belgium for one night only - all dressed for the part: Mike, Kav, Brian (Stack) and Tich. What a great job they did (Remember the TV sketch 'Two soups'? – well they were nowhere near that – not a drop was split!) and they all helped clear up afterwards, plus others. Thanks to you all.



THE BOOZE BOYS

What a good evening: noisy as usual. No doubt lots of chat to catch up on. Don't we have a great evening when we all get together. Hopefully this won't be the last.

I have just counted up and, with all the helpers and Cliff's mum, Josie, we were 74 in all (and some of us that age as well!) I think the four that went on the trip to France for the beer and wine extended their trip so that they could have a walk and another excuse to dine out again. Thanks boys. Dot

To Kav & Company. Just a line to let you know how much we appreciate all the effort that for us made the Belgium Night a great success. Please convey our thanks to all the waiters etc. And especially "The Chef"

George & Jenny Evans

NEWNHAM



Another reason to meet all our Club friends again – was last Sunday 16th November, at Newnham, our annual pilgrimage to remember club-mates lost in two world wars.

We had a good gathering at the church, including family members of one of our old 'boys', from the second world war, Bernard Pallastanga. They seemed very pleased to have found new friends of his from his cycling days with the De Laune. As we know, we have all made life-long friends in our great club.

President Roy gave the sermon in church and then gave out some Gideons' Bible to many of us. Thank you Roy for your nice gesture.

We gathered outside by our memorial plaque to have our minute's silence and the names of our fallen clubmen read out. Emma, the great niece of Bernard, helped Roy to place our poppy wreath on the wall. She will have something to write about at school, after her research work in tracing her relations. Then, back into the church for refreshments provided by the ladies, and always welcome – thank you Mrs Clarke and helpers. Then over to The George for lunch and more chat for a few hours – never stop do we?

All in all a good get-together once more and I look forward to seeing you all in 2009 – probably at the Brighton 'do' (get ready Tricia).



It was good to see Geoff and Yi had a car full, with Beryl Williamson, Bill Miles and Tom Bewsey. We get there if we stick together and think of those who cannot drive now.

Before I finish my 'bit'. I wish you all a Merry Christmas and a fit and healthy New Year.

I will be with Suzanne and Mike in Australia from 9th December until end of January – looking forward to the trip and the lovely weather of course!

Also, I will be catching up with Eileen and John Geoghegan, in Brisbane, and Harry Thomas. I am looking forward to meeting up with them, especially Harry, as it is quite a while since Ken and I last visited him. I will also spend a week following the Tour Down Under (I'm still a groupie at Heart!!).

As you can see, from the date I go to Oz, I won't be around for the few weeks prior to Christmas, so don't trouble yourselves by sending Xmas cards – I know we think of each other, okay.

Love to you all

Dot.

“LOADS of MONEY”

In reply to Kav's comments in respect of the article 'Loads of money.....' (which for some reason the author's name was omitted by the editor - it was me, Malcolm Adams, on instruction of the committee), this was only referring to the funds allocated to the 4 disciplines. 'Loads of money' may be perceived differently by individuals, I was not referring to thousands of pounds (we won't publish exact amounts but any committee member will tell you how much money is involved for these disciplines), but enough to assist deserving cases. In some instances this financial assistance could be the difference in the decision of riding an event or not, due

to that club member's financial situation eg. large mortgage, family overall financial situation, unemployed, or maybe, no real pension income. I think John is unfair to make the statement that 'it is not what the club can do for you but what you can do for the club'. I feel this will deter people from claiming thus we will just accrue more money, after all we are not in the investment business. This interest allocated to the 4 disciplines is there to be used, thus the reason for the committee asking me to write the article in the first place.

Whilst I realise Kav's comments were written with good intentions, they bear no relevance to the above funds available and they are only a part of the overall interest available to be spent. Yes. I agree with Kav, we do put a lot of the interest back into the sport and to the benefit of club members.

However, other clubs in a less financially healthy position than the De Laune, also promote events, pay affiliations, financially help individuals (albeit on a smaller scale than our intention), pay rent for clubrooms, some do assist in clothing purchase, they also have club mags. and guess what their subs are less than ours and they have little or no financial assistance! OK they do not have Belgium Nights or maybe trips to France but their financial state is still in the black, albeit their capital is less than our ('loads of money') annual interest.

So as I said in the 'ANON' article if you feel you have a genuine reason for claiming, please do so, after all you might not have gone to France or attended the Belgium Night, so here on offer is your little slice of the cake. Don't feel guilty for you must have done something to enhance the Club's profile to consider making a claim in the first place, thus you deserve a little financial help.

Malcolm Adams. Committee Member.

(It should be noted that this is my opinion and not necessarily the opinion of the other members of the committee).

Looking at DLN on your website I read with interest the discussion about how to increase your membership. One of the suggestions is to have a regular weekly clubroom evening.

My club frequently feature as an example of what can be achieved and so you may be interested to know our experience of this aspect of club life. We use a small community hall in Maidstone and meet every Tuesday. We have a table tennis table, darts and a set of 4 competition rollers that can be used at any time. However none of them have been used for some 4 years.

Average attendance is 9-12, boosted to perhaps 20 on the evening that the magazine is published. Occasional talks - GPS mapping, first aid, sports injuries etc. - attract a lot more but basically there is little interest by the majority of our members.

Traditionally clubnight was where members met to socialise and plan future activities. Our younger members with families have many other commitments and cannot easily spare an evening. Only a certain amount of time is available for cycling and the weekend clubrun takes priority.

We have a forum on the internet which is heavily used. It was requested by members who wanted a way to continue the chat that takes place during the clubruns and it does this most successfully. Posts cover everything from planning events, helping less experienced members with technical problems and reporting on rides to humorous comments on unfortunately worded messages

A very full -28 A4 sides- monthly magazine keeps everyone informed of all aspects of our activities and the forum is the place for daily communications.

Obviously our main attraction for potential new members is the fact that there is a ride to suit just about anyone, from mature couples on their hybrids who can just about cope with 20 flat miles to the full-on racers (many of whom started a few years ago as purely social riders). Putting full details of these on the website enable potential new members to select one that suits them.

The result is that although support for the weekly clubnight has decreased it has not affected the overall activities of the club. This may be something to take into consideration in your search for ways to increase your membership. Whatever you decide I wish you every success.
ronlee99@blueyonder.co.uk



**"The climb up Pen-y-Ghent"
"Photo courtesy of Richard Starkie"**

The 46th Annual Three Peaks
Cyclo Cross Race
Race report by James Lyon

Cancelled last year amid fears of Foot & Mouth, the Three Peaks Cyclo Cross race was back in 2008 for the 46th incarnation of the famous race, far and away the toughest CX event in the world. After the disappointment of last years cancellation and with Rob Jebb going for a record-breaking 7th consecutive win it was always going to be a popular race. The weather on the day was perfect; dry, sunny and with just a slight breeze to cool the riders.

In previous years Vets and Women have been given a head start, this year everyone was set off together. Marshals placed themselves on the start line perhaps 30 yards apart holding signs to indicate expected finishing times and the riders lined themselves up according to their expectations. This self-policed gridding system worked remarkably well, riders on the start joking about how optimistic they were. I'd learnt my lesson from the last time I'd ridden and this year had fitted much lower gears by cannibalising the 12-34 cassette and long cage rear mech off my mountain bike to give me a 1:1 ratio low gear, far lower than any normal cross bike would ever require.

At 9.45, the gun was fired and it was race on. In theory it was a neutralised start, in practice of course everyone went like a bat out of hell, knobbly CX tyres whirring loudly on the tarmac as riders battled for position on the 3 miles of road between the start line in Helwith Bridge and the first

off road climb of Ingleborough. The road here is quite narrow and it had the effect of thinning the field out naturally is the multi-coloured ribbon of riders hurtled through the village, locals turned out in force to cheer us on.

The weather was gorgeous and to our right loomed the great bulk of Pen-y-Ghent, which would be our last climb of the day. Out the other side of the village and we turned off the main road and into the farmyard that marks the start of the Ingleborough climb via the lower slopes of Simon Fell. Ahead of me the stream of riders stretched its way up the steep hill, Rob Jebb already a tiny dot a fair way ahead of the chasing group.

Simon Fell is a slab-sided hill, rising hundreds of feet at a consistent angle of close to 45 degrees. Riders were zig-zagged across the moorland grass in an attempt to find the easiest bits where steps were ground into the grass and where you could hang on to the fence and wall for support. We crawled on upwards slowly, painfully, bikes on shoulders, heads bowed. At last the hill flattened out and became rideable, then it was over a stile and upwards again to the mist-clad rocky moonscape summit. I dived my electronic timing chip and started off on the descent following other riders through the mist. There were several short sections where I was forced to shoulder the bike and run over larger slabs of rock but the descent soon became more rolling grass with a few rocky sections. I passed a rider who'd hit one of these too fast and fallen. He was carrying the remains of his broken bike down the hill, head tube snapped clean off, a reminder if one were needed that this race takes no prisoners. Through the crowds of support crew and spectators at Cold Cotes and it was back onto road for the rapid downhill to the top of the village of Ingleton. I worked through-and-off with a couple of groups of other riders as I made my way up the road climb that would take me to Whernside and we made fairly good time. Most of the traffic on the road was made up of support vehicles for competitors so everyone driving past gave us lots of space and a toot of encouragement.

Whernside is the highest of the Peaks but the climb is so steep that it's actually quite short. Through a farmyard with a neutral feed zone, I downed

an energy gel and some water then it was carry-time again as the trail kicked upwards. Carved in a series of packed rock steps, Whernside is just a slog but the weather had been good over the last week or so, the ground and rocks were dry and riders were in a buoyant mood, snatching brief moments of conversation with fellow competitors in between breaths.

Out onto the smooth sandy surface of the ridgeline towards the summit and I made the most of my extra low gears to ride the majority of it, dibbed



"The climb up Pen-y-Ghent"

"Photo courtesy of Richard Starkie"

my chip again at the summit and started on the descent, a rutted steep gully then a broad stone-flagged surface, similar to the packhorse trails in the Peak District. I'd run this route in training so I'd memorised a lot of the lines and this allowed me to make the most of the smoother tracks off to the side of the main stone-packed surface. The descent was dry and the weather still excellent, in the distance a long way below me, looking like Toytown, I could see the majestic curve of Ribbleshead Viaduct. My course recce several weeks before meant I could ride most of it, even where other riders were cautiously walking and I'd also hooked up with a mate at this

point so there was incentive to push the pace. Dwarfed now by the huge span of Ribbleshead Viaduct, we came out onto the road again past scores of cheering spectators and headed back through Horton-in-Ribblesdale and onto the gravel track towards Pen-y-Ghent.

This track is unique in that it is the same route up and down the hill, which makes it a considerable challenge to climb and descend while avoiding other riders descending and climbing! The lower slopes of PYG are fairly easy, mostly wide gravel double track, with just a few small rocky outcrops and it was a simple enough task to stick to one side of the track while all the fast boys hurtled down on the other side. By this point they were about an hour ahead of me. I got to the gate where the main track carries straight on and the summit track forks right, ate my last energy gel and started the climb proper together with my friend Shaggy. PYG may be the smallest of the Three Peaks but it's also by far the longest climb; it goes on forever in a series of big sweeping S-bends. Mostly rideable at first, the track soon became too narrow to ride safely – a mix of factors including riders descending, walkers being on the track and the heat made it easier to walk with alternate sections of pushing and carrying. I recognised a good percentage of riders on their way down and we swapped words of encouragement. Again my low gears allowed me to ride bits that others were walking and the dozens of spectators who'd made the long walk up there cheered every one of us. By this point I was aware that if we pushed it we could probably beat the 4hr mark and a quick discussion with Shaggy confirmed that he'd been thinking the same thing. After what seemed like an eternity, I got to the top, rode the final 200m to the summit and dived my timing chip. I ran the first part of the descent, over two large rocky sections then hopped back on the bike and started down, veering off onto the softer grass verges sometimes, partly to avoid the hundreds of riders still making their way summit-wards and partly for a more comfortable ride. I was painfully aware of the last time I'd ridden this hill in the previous race where I'd suffered 2 pinch flats so I was trying to be as smooth as possible while still maintaining speed. Shaggy dropped me at this point, his superior descending skills and different line choice allowing him to get the jump on

me. Meanwhile, I was held up behind a group of walkers who clearly weren't enjoying their day out being spoiled by hundreds of racers on normally bike-free paths.

I made it to the bottom in one piece, tyres sliding on the gravel, jumped the curb and sprinted off. On the bars, my GPS computer was counting towards the 4hr mark and I was absolutely burying myself as I pushed the bike through its gears. It wasn't to be. I turned the corner into the start/finish in 4.03.00 exactly. Shaggy had finished less than 2 minutes in front of me.

I finished 107th out of the total 441 starters. The winner, Rob Jebb (his 7th consecutive Three Peaks win) had finished in a new course record time of 2.52.22! Nick Craig and Andy Peace rounded out the top 3 in 3.00.08 and 3.08.59 respectively. Cycling Weekly's race report called Rob Jebb "the Lance Armstrong of the Three Peaks", it is truly an event that he dominates.

Race Stats:

Start – Ingleborough	:	1.03.12
Ingleborough – Whernside	:	1.12.35
Whernside – Pen-y-Ghent	:	1.21.42
Pen-y-Ghent – Finish	:	0.25.31
Total time	:	4.03.00

37 miles (60 km), 5585ft (1700m) climbing, avg speed 9.1 mph (14.6 kph), max speed 40 mph (64 kph)

This was the best race of the year for me, maybe not in terms of results but the fantastic weather (compared with the deluge I'd put up with at the 24hr races!), and the amazing atmosphere made it something special. Further information on the race can be found at <http://www.3peakscyclocross.org.uk> along with photos and results from the last few years.

VETS BAR 2008 addition

I now have Alan Rowe's times thus completing, I hope, the full vets bar results.

ALAN ROWE

10 MILES 23 mins 30secs
 23 mins 48secs

25 MILES. 1hour 01mins 11secs
 1hour 03mins 27secs

 Average Speed 24.7248
MPH

VETS STANDARD (Age 69)

10 MILES. 32mins 00secs

25 MILES. 1hour 21mins 53secs

 Average Speed 18.5344 MPH

This gives Alan a plus of 6.1904MPH

Full Result to 22nd November 2008

1 st	Alan Priddy	Plus	6.8162 MPH
2 nd	Alan Rowe	Plus	6.1904 MPH
3 rd	David Haggart	Plus	2.4911 MPH
4 th	Simon Lowe	Minus	.7010 MPH

I will allow a couple more weeks after issue of December DLN. for late claimants

THIS MONTH 60 YEARS AGO IN THE DLN

SILVERDALE "HOW" SHIELD there were 11 nominations for this award and it was awarded to Wally Fraser.

HILL CLIMB on Brasted Hill had 26 riders was won by A J Hill, second Bert (Alf) Wason and Les Pyne third.

DE LAUNE took the team award in the 5 Mile Belle Vue CC cross country run on Epsom Downs there where 188 runners from 21 cycling clubs, our winning team was John Zarfes, Gordan Newbold, Dennis Callingham and Harry Thomas .We also had Ken Fuller, Roy Banham, Fred Leckie and Ken Hill all of them finished in the first 35. Len Danby did not start said he had a cold.

MEMBERS are reminded that their NCU affiliation is due on the 1st January The cost is three shillings (15p)

NEWNHAM a good turn out for this and a few members visited Capt. A. Faunce de Laune the President of the club who has been very ill. Week end bookings accommodation and lunch 2/6d deposit required.

Club events this year had attracted 230 entries for the 10 events

We at the home of the DLN had a surprise visit from our old 'young' member Monty Watkins who had a few hour to spare from flying Dakotas on the Birkin Air Lift.

ADDRESS BOOK

On the following page you will find a number of updates for your recently received address book - if you would like a copy of the address book that has been updated, I can send you a copy in pdf format for you to download and print or save to your computer.

mark.ballamy@virgin.net

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Flat 1,
London SE24 0HU

WALSH R (remove)



WHO IS THIS? SEEN OUT TRAINING
READY FOR HIS BIG COME BACK
FIND OUT NEXT MONTH

Diary Social/Club for 2009

Sunday	? June	OMA Lunch - Brighton	12:45
Sunday	26 July	Max Dods Memorial B-B-Q at Herne Bay	9:00
Sunday	? September	Club run to the Down Hill	10:00
	15 November	Newnham Remembrance Service	10:30
Sunday	13 December	Richmond Park Christmas Social Ride	09:00

Club & Inter-Club Events for 2009

Sunday	12 April	SERRL - Road Race	Brenchley	
Sunday	? May	10.00 Ken Fuller Memorial Road	Bletchingly	
Sunday	? June	07.00 Mid-Summer 25 & the Club Novices Champi		G25/53
Tuesday	? June	18.30 Circuit Race	Crystal Palace	
Sunday	? 2009	13.00 Open Track Meeting	Herne Hill	
Saturday	25 July	07.30 Open '10' TT	Harrietsham	Q10/22
Sunday	2 August	07.00 Fred Peachey 25 -Incorporating Club 25 Champs.	Chilham	Q25/8
Saturday	15? August	07.30 OMA 10 incorporating an Interclub - 34th. Nomads, Catford, Sydenham Whs.		Q10/22
Saturday	5?September	07.15 Inter Club 25		Q10/19
Sunday	? September	08.30 Autumn 25		G25/53
Sunday	??	12.00 Down Hill	Tilburstow Hill	
Sunday	? October	11.00 Hill Climb	Titsey Hill	GH/31
Sunday	1? November	KCA Reliability Trial	Details awaited	

SEE MESSAGE BOARD to keep UP TO DATE

<http://mikepeel.proboards67.com>

CLOSING DATE FOR THE NEXT ISSUE 24th DECEMBER

Anything for inclusion please send to:

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