

NEWS DE LAUNE



DID YOU GUESS IT WAS BILL WRIGHT

EVANS
CYCLES.COM

JANUARY 2009

**CLUB NIGHT
SECOND MONDAY
OF EACH MONTH**

**Camber Tennis Club
Dulwich Common SE21 7EX**

**1889 DE LAUNE 2008
CYCLING CLUB**

PRESIDENT

ROY SAVERY

Fairwinds
Goatsfield Road
Tatsfield
TN16 2BU
01959 577745

CHAIRMAN

JOHN ARCHDEACON

19 Trinity Crescent
London SW17 7AG
020 8682 0308

SECRETARY

NIGEL SCALES

14 Bellingham Road
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London SE6 2PT
020 8698 5977

TREASURER

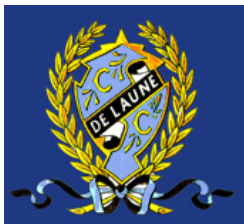
VAL PEACHEY

63 Beverley Road
Barming
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MEMBERSHIP

BRIAN SAXTON

26 Serviden Drive
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PRESIDENTS REPORT

I hope that you all had a great Christmas and that you will make 2009 a great year.

Well the month of December started off with a Pilates night on the 1st and the Crescent Wheelers

Cycling lunch on the Saturday 6th. It was great to meet up with my old East London mates like Ken Craven, Laurie Eason, Denis Adams, Eric Beacham and Dave Marsh. I met these guys in 1955. As we get older I believe reunions become more important.

On Sunday 7th some of the more energetic club members meet for our usual club run. It was icy in places and Steve Valentine slid on the ice, but he was ok and we had a good ride. Steve is getting a new bike so watch out lads! I hope that he isn't going to be a poser and not get his bike dirty like others I know!

Sunday the 14th the club had its club ride in Richmond with a large number turning up doing a park and ride (but we did not do any shopping!) Kav gave us all Mulled wine, mince pies and sausage rolls. Well done Kav and thanks for a great time.. He could not ride with us because he had a bad back. (I don't think that he would have stayed with us anyway). After we got changed some of us went to the cafe nearby. Poor old Tony Peachey has broken a bone in his ankle so he won't be riding or running around this Christmas. I expect Kav will give more in his report.

On Saturday I had a hard strength training session and then we went to a party in the evening which affected me on Sunday - I felt like a bear with a scabby head and on the club run I was

hanging on the back. We met at the usual time of 10am at West Wickham Swimming Baths and those who turned up had a good club ride with plenty of laughs and fellowship.

I wish you all a merry Christmas and a very happy New Year.

Roy

Thought for the month:

"When you paint success pictures in your mind,you initiate an inner process whereby your attitudes, hopes, aspirations,and enthusiasm are elevated to a more promising future.

Every person who aspires must sell themselves hope, the promise of a better life."
U.S.Andersen - Author of The Magic In Your Mind.

Hi everyone .

A few months ago the committee decided that it would be a good idea to find out what people in the club wanted from the club so we decide on a survey. The information that comes from the survey will be useful in helping the committee to make our club better and be able to help us attract new members.

Please ask yourself the following questions or any other you may think of.

What do I want from the club? More club runs

More Park and Ride

Sportive type rides

Ideas on training

Coaching

More and better communication

Racing

Time Trials

Road Racing

Track

MTB

Off Road cross country

Club Room

A club night in a good place where we can meet say weekly or monthly and where?

Please put your thinking caps on and please give us feedback on what you want from the club.

Lets make this club the envy of others.

Please write to me or email me or phone me.

Thank you in anticipation.

Roy Savery President

“KAV’S REPORT”

Richmond was the scene for the Christmas club run around the park. The weather was freezing but we had about 20 odd merry souls took off for the three laps of the park (21 miles) and on the second lap a bunch of 8 came through with the rest coming through in dribs and drabs. It could be early Christmas celebrations that did it.

Kenny Legge came through two minutes down. He said that he had not been dropped but was lapping the bunch. Yes Kenny!

After the event we had the traditional hot mulled red wine with sausage rolls and mince pies. The red wine went down well as I went through four bottles in no time.

Not a bad turn out considering the cold weather. We must have had about 30 bods at the end eating, drinking, and chatting. You know what it is like! It is like you have not seen each other for years.

Noticeable absentees were Mike Peel and Terry (in bed with bad colds- any excuse). That little woman we normally see out with a banner saying “DeLaune forever” I think her name is Mary Blobs, although I am not sure, but she did not turn up. Oh yes, Alan Rowe turned up when it was all over, bless him.

A brave Tony Peachy turned up with a broken ankle and on crutches and he thinks going for walks is easy! Thank you Val for the flasks of tea. Not one to miss this occasion is Cliff and Carol Steel with little Cassia with her own bike.

If I remember rightly, last year it was also very cold and Cassia was on a seat on the back of dad’s bike. I said to Cliff we had better stop as I think she is either fallen asleep or frozen stiff. She was asleep thank goodness.

Thanks guy for turning up as I would have had a lot of food left over. By the way we will be having mince pies and sausage rolls (but no wine) left overs at the next committee meeting.

By the time you read this it will be 2009 and another year will have gone. You should now be making plans for the New Year be it personal best for time trials or places in road and track races. Or just getting the miles in. An old saying is: "Make your plan and then work your plan" it works.

Another saying I got out of a cracker this year, which I think is, applicable "If you think you might, you won't. If you think you can you will". Many a race is lost before a step has begun, it is all in the mind"

I think "I will stop in bed this morning as it is cold outside" and I do. It is what I call positive thinking.

Have a great year.

Kav.

PS I have just heard that Peter Gunnell who is one of our old members has not been well and will be spending Christmas in hospital. On behalf of all the guys in the club we wish him a speedy recovery.



A G M
The AGM will take place at
Blackheath Harriers - time 20:00,
Thursday 12 February 2008
Any items for the Agenda to be with the Club's
secretary Nigel Scales by the 16th January
nigel_scales@yahoo.co.uk



I think we had about 20 riders who started but a few went off the back by the second lap! Not a bad turn out considering it was bloody cold! Poor old Mike and Terry were in bed with bad colds (any excuse) Tony Peachey broke his ankle a few days ago and I put my back out putting up the Christmas Tree. O, yes Alan Rowe was late!



PHOTOS FROM THE CHRISTMAS CLUB RUN IN RICHMOND PARK
Photo by KAV.



THIS MONTH 60 YEARS AGO IN THE DLN

The main decision at the December committee meeting was to purchase new Massed-Start Jerseys.

Memorial Fund £347-10-0d Diamond Jubilee Fund £118-12-2d

The next Club Dance is being held at St Giles Parish Hall S.E.5 tickets 2/6 each.

Following morning after the Club Dinner 40 members were present at the mid-morning break at the Pavilion Green St. Green before the speed judging contest, the course for this was the stretch of road from Bromley to Biggin Hill and Back some 12 miles. Members drew for the speed that they had to try and maintain this was from 8mph to evens, Don "Chalky" White was the nearest having drawn 16mph he was +1min 28sec. The last placed member drew 8mph and came home +25min 10sec.

Not a lot in the DLN for January 1949, but this was the start of the Clubs DIAMOND JUBILEE YEAR now another 60 years on is this our DOUBLE DIAMOND year as there has not been a name given to 120years. Should we be having some special calibrations or do we wait another 5 years when it will be our Quasquicentennial Anniversary, Ed.

Two members who will be celebrating 60 years of membership this year are Arthur How and Derek Boon I also started riding with the club but my membership did not start till January 1950, Ed.



FRONT COVER: Bill Wright in secret cross bike training all ready for his big comeback! He went up to visit James Lyon and they went out for a ride in the Peak District on the CX's).

Photos by James.

Hello,

As a fellow cycling enthusiast/racer and member of the Warwickshire Roads Club, I tried to source a copy of this title as I had heard what a great read it was. To my astonishment, I realised they were not available anymore, and if you could find a copy on the internet, the prices were extortionate. Consequently we (Mercian Manuals Ltd) investigated with the Burton family on the possibility of re-issuing the book. We are pleased to say that everybody is happy and this book is now available again. Please find attached the details and price and where to buy from etc..... If possible, could this be made known to the members of your club and maybe posted on your notice boards? If you require any further information, please don't hesitate to ask. Best regards, Richard Shimmell

Mercian Manuals Ltd, 353 Kenilworth Road, Coventry CV7 7DL

Phone/Fax: +44 (0) 1676 533304 Mob: +44 (0) 7929 084172

www.mercianmanuals.co.uk

The following message has been received from John Geoghegan who is spending a few months in Australia. Brian Saxton

Dear Brian, Trust you are keeping well.

Don't bother to send the DLN while we are in OZ as I can read it online. Dot is coming to Brisbane on the 7th January and we've both 'phoned Harry Thomas and will be going to see him sometime during the 5 days that Dot is here. We've booked a 2 bedroom 2 bathroom apartment just about 6 mins walk from Glyn's house and then Dot returns to Adelaide on the 12th Jan and Eileen and I are going to Adelaide on the 14th Jan. We will be there 14 days so we will be watching some of the Tour down Under.

Apart from my storms the 1st week, the worst for 25 years, which brought much needed rain, the weather has been glorious. We had a couple of weeks up the coast, about 1 hour north of Brisbane on the Sunshine Coast. Our little grandson Christian is getting lots of kisses and cuddles as you can imagine.

Give our regards to everybody in the De Laune and Blackheath.

We got a Christmas card from Ken Knapman and also Keith Mernickle.

Regards, John.

Hi Everyone,

Firstly season's greetings to you all. Hope the festive season isn't too over bearing for you. If you need a little solitude, you can always escape on your bike! One of the great things about a bicycle, for me, is that it can be a place of refuge where I can muse about 'life' and put the world to right in general...just me and my opinions!

I've been told patience is a virtue and I think 2008 has turned into a year to test this maxim for the clothing department. For all those club members who are awaiting clothing, firstly thank you for your patience and secondly, I ask you to read on - hopefully it will make sense to wait a little longer...

2008 has been a year of changes. Aside from myself taking on it's stewardship, we now have a section on the web page to review stock quantities and to find out what developments, if any, are happening with team clothing.

One of the obvious developments is our lack of stock! This in itself isn't such a bad thing - new club members requiring clothing and existing members renewing clothing is a healthy situation to have. One of the issues however was the concern over the quality of some of the existing garments - pads for the shorts and tights tended to have a short life-cycle and wore out quite quickly.

With this in our thoughts and a depleted stock range in terms of quantities, the committee felt now was a time to source a new supplier. At this juncture, it was also raised that one of the principle colours of the DeLaune kit - the 'fawn' which currently only appears in the club badge in the current kit - needed to be augmented to play a more prominent role in any future clothing range.

Furthermore, it was confirmed that we shall no longer carry any sponsorship logos on our designs - principally 'Evans' and 'Specialized' are to be removed.

Armed with this criteria, we duly arranged clothing samples to be viewed and a shortlist was created of prospective suppliers. Unfortunately, whilst the initial response from our preferred supplier was good, we had issues regarding the re-working of designs and a further complication regarding production of the club badge.

The fallout was that we lost ground in terms of time without having replenished any stock. Our already depleted stock range had now withered with key items being non-existent.

Well, Hollywood movies always need a happy ending and if we as a group can work together, hopefully we too can find a 'Hollywood' moment. We need your input as club members with regards to a new design for the club kit. If you have a strong suggestion for the design, please can you contact me to discuss or alternatively, we have a few designs which we would like your feedback on.

The idea is to resolve the club kit design at the next AGM which is scheduled for February. Between now and then we would like to finalise prospective designs and publish in the next newsletter for general review.

Please find two prospective designs attached. Please remember, the 'Evans' logo will be removed.

SEE DESIGNS ON PAGES 13, 14, & 15

The supplier of these garments is Giordana. Some of you may know this brand as it is an established manufacturer of cycle clothing. The lead time to delivery of clothing once it has been ordered is approximately three months. For those of you awaiting clothing, I hope it makes sense that rather than re-order an interim clothing supply based on the current design to cover short term needs, whose design will shortly become redundant, that waiting while we re-vamp the clothing will be more beneficial.

Please feel free to email me (my mail address is on the club web site under the clothing section) or phone me - 0776 482 3503 - with your suggestions or thoughts.

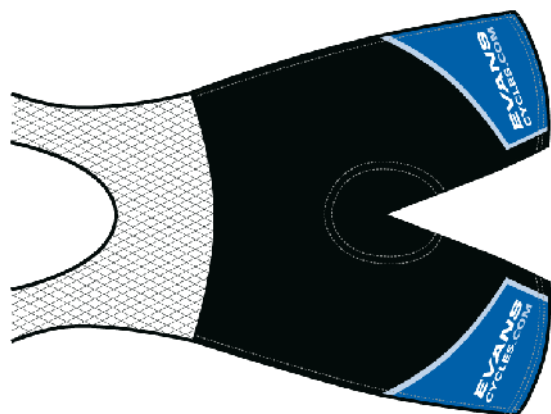
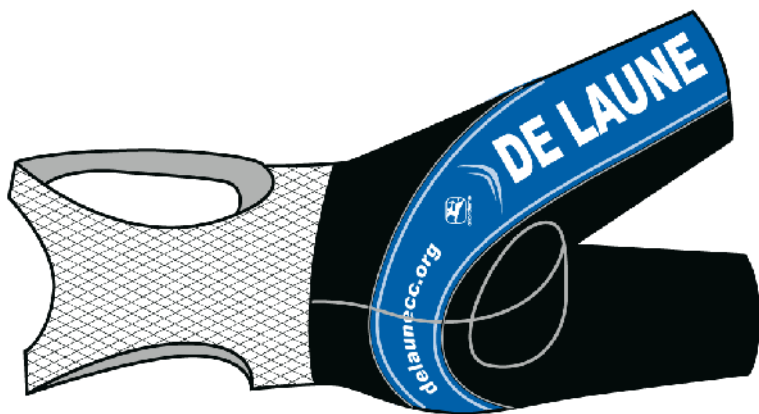
Hope to see you out riding or at club meetings!

Kind Regards,

Mal



DE LAUNE JERSEY **REV.2**



DE LAUNE BIBSHORTS REV.2

KIT DESIGN©



All kit designs (including any new logos) remain the property of "My Team Giordana" until your initial kit order is paid for.



DE LAUNE JERSEY REV.3

KIT DESIGN®     

All kit designs are the property of the company or the person who has created them. All rights reserved.

Hi Brian

Just to let you all know that I am out of Hospital. Speech Difficulty but otherwise am fit.

Having Speech Therapy, a bit like Vicar of Dibley yes yes yes no no.

THANKS for your good wishes

Regards

Bert Wason

DON'T forget your Subs are due on the 1st January

I took over as Editor of the DLN in December 1993 this was to be for 3 or 4 months until a new editor could be found so 180 months have now gone by and no one has come forward to take on the job - God willing I will continue for 3 more years and that will be my lot. This should be enough time for some one to come forward, Ed.

ADDRESS BOOK

I can send you a copy of the updated address book in pdf format for you to download and print or save to your computer.

mark.ballamy@virgin.net

New address for **John Darroch**

46/8 Soi Baan Klang

T.Chalong, A.Muang

Phuket. 83130

Thailand

Phone: country code + 089-724-5655

New Address for **PEEL M (Mike)** (From the end of December)

Apartment 18, Kelsey Park Mansion

78 Wickham Road

Beckenham

Kent BR3 6QH

020 8650 6261

0797 0101 871

Remove: Tony Miller, have resigned from the club

PYRENEAN PURSUITS NEWSLETTER

WINTER 2008

We now have great ski conditions, blue skies and warm sunshine. Both downhill and cross-country skiing are close by. New flights from Stansted to Tarbes with Ryanair. Piau Engaly has the most snow in Europe, only a short drive from us.

Tour de France 2009

www.letour.fr

Well the route is announced and once again is only a one-hour bike ride from the house on 12th July for the Aspin/Tourmalet stage from St Gaudens to Tarbes.

As last year we shall be dining at the Auberge Col de Beyrede before walking across to the Col d'Aspin.

Cyclosporives 2009

May31st-	La Luchonnaise	www.cyclosport.com
June 13th-	La Pyreneenne	www.lapyreneenne.aw.fr
June 22 nd	La Hubert Arbes	www.la-hubert-arbes.fr
July	La Pierre Jacques	www.lapierrejacques.com
Aug-	La Barousse-Bales	www.barousse-bales.fr
Sept-	La Lapebie	www.lalapebie.org

I can recommend the Pierre Jacques and Barousses-Bales which I did this year.

Duathlon 2009

March	Carcassonne Duathlon	
April	Duathlon de Muret	
	Layrac Duathlon	
May	Castelnaudary Duathlon	
June 20th	Tourmalet Duathlon	www.bagnerestriathlon.chez-alice.fr
July 19th	Val d'Aran Duathlon	www.duathlonvaldaran.com

The first 4 were part of a Brooks Challenge in 2008.

Winter Training

The first resorts opened on Nov 29th. Ryanair.com are starting a new ski service on Saturdays, beginning Dec 20th, from Stansted to Tarbes-Lourdes, only 40 minutes from us.

Why not try cross-country skiing, snowshoes or downhill skiing. We have all these within a one-hour drive from us. There are lessons available from an English ski instructor, who lives close to us. Skiing is an ideal way for triathletes to train during those cold wet winter months especially as there is a 50-metre pool at Tarbes reached in 30 minutes. Many of the local ski resorts also have thermal baths for relaxation and therapies after your time on the slopes.

Running

Races continue all year round with XC, trail and road events every weekend. Entry fees are very reasonable, entry on the day, including a free t-shirt, bottle of wine, free entry into a draw, prize value 3000 euros last weekend, and often a good depth of age group prizes. Ask me for further info on races to incorporate into your stay.

"If God invented marathons to stop people from doing anything more stupid then triathlons must have taken Him completely by surprise!"

www.pyreneanpursuits.co.uk

Hazel & Peter Gibbs

0033 5 62 50 12 95

**HAPPY NEW YEAR
TO ALL MEMBERS**

Diary Social/Club for 2009

Sunday	? June	OMA Lunch - Brighton	12:45
Sunday	26 July	Max Dods Memorial B-B-Q at Herne Bay	9:00
Sunday	? September	Club run to the Down Hill	10:00
	15 November	Newnham Remembrance Service	10:30
Sunday	13 December	Richmond Park Christmas Social Ride	09:00

Club & Inter-Club Events for 2009

Sunday	12 April	SERRL - Road Race	Brenchley	
Sunday	? May	10.00 Ken Fuller Memorial Road	Bletchingly	
Sunday	? June	07.00 Mid-Summer 25 & the Club Novices Champi		G25/53
Tuesday	? June	18.30 Circuit Race	Crystal Palace	
Sunday	? 2009	13.00 Open Track Meeting	Herne Hill	
Saturday	25 July	07.30 Open '10' TT	Harrietsham	Q10/22
Sunday	2 August	07.00 Fred Peachey 25 -Incorporating Club 25 Champs.	Chilham	Q25/8
Saturday	15? August	07.30 OMA 10 incorporating an Interclub - 34th. Nomads, Catford, Sydenham Whs.		Q10/22
Saturday	5?September	07.15 Inter Club 25		Q10/19
Sunday	? September	08.30 Autumn 25		G25/53
Sunday	??	12.00 Down Hill	Tilburstow Hill	
Sunday	? October	11.00 Hill Climb	Titsey Hill	GH/31
Sunday	1? November	KCA Relibility Trial	Details awaited	

SEE MESSAGE BOARD to keep UP TO DATE

<http://mikepeel.proboards67.com>

CLOSING DATE FOR THE NEXT ISSUE 24th JANUARY

Anything for inclusion please send to:

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