RELAVIES



MALCOLM ADAMS ON THE FINISHING CIRCUIT IN THE

KCA "12" HOUR TT

SEPTEMBER 2009

Club Nights and Committee Meetings are being held in the

Crown and greyhound pub

situated in Dulwich Village 73 Dulwich Village, London, SE21 7BJ. Tel: 020 8299 4976.



Meetings are at 8pm on the second Monday of each month, a chance to catch up with each other and find out what's happening in the De Laune.

I like to thank those members that contacted me when I was trying to trace past member Ken Whiterod, found him living in Bexley and I had a long chat with his wife Paula as Ken was out. Ed.

Vets BAR and Age Records

The season has only a month or so to go. Would all Vets (over 40), that includes Ladies, please let me have details of your accomplishments this year, so far. I can then start to calculate the BAR, this will then give me an indication as to who is likely to be Vets BAR Champion for 2009.

If you think you may have broken any Club Age related records I need to know this as well. If you have had a birthday during the season I will require the times that produce the largest plus, in any event I will need your date of birth. I already have Roy's list and look forward to receiving yours.

E mail me <u>jazzymalc@aol.com</u> or give me a call on 01227 373045. Malcolm

KCA 12 HOUR

Sadly Alan cramped up and had to stop quite a lot.

I have taken the club vets record (had to beat the age standard for 70 year old, 179.51 miles) but missed the Kent Vets age record by 3.61 miles. But more importantly I have so far raised over £400 for The Demelza House Childrens Hospice.(a local Kent charity)

I would like to thank all members of the Club who pledged money and ask if those I do not see frequently could send their donatons to me. If anyone else in the club who I did not 'collar' wants to contribute I am sure Demelza House would be greatful. (I hope to hit £500) See result of "12" page 15

Stop Press - The latest is that I am fast approaching £500.

www.delaunecc.org

SEPTEMBER 2009

No.926 80th Year

CLUB NIGHT SECOND MONDAY OF EACH MONTH Crown & Greyhound in Dulwich Village

1889 DE LAUNE 2009 CYCLING CLUB

PRESIDENT

ROY SAVERY

Fairwinds Goatsfield Road Tatsfield **TN162BU** 01959 577745

CHAIRMAN

19 Trinity Cresent London SW17 7AG 020 8682 0308

SECRETARY

NIGEL SCALES

14 Bellingham Road Catford London SE6 2PT 020 8698 5977

TREASURER

VAL PEACHEY

63 Beverley Road **Barming** Maidstone Kent ME16 9DU

MEMBERSHIP

BRIAN SAXTON

26 Serviden Drive **Bromley** Kent, BR1 2UB 0208 290 1013



The month started off well, with Brian Dacey gaining two silvers and two bronzes in the European Track Championships at Manchester. He was narrowly beaten by Otto, who broke the World JOHN ARCHDEACON Record in the 70+ Pursuit, doing 2mins. 40secs. for the 2000 metres, which is quite an achievement. Well done all.

> This was followed on Sunday, 2nd August, by the beautifully organised Fred Peachey Memorial 25 on the undulating (to put it mildly) Chillham Course. Full results will be elsewhere, but it was a great event. All the marshalls were out - we even had a car park attendant! Breakfast at the pub afterwards provided the usual opportunity to discuss discuss performances and have a good old natter.

> Three of us rode the Anerley 50 on Sunday, 9th August. Jane Wadsworth did a 2.19.57, Dave Haggart did a 2.07.30, while yours truly did a 2.12.37, winning the Vets' on standard.



There was a good turn out for the OMA 10 on the 15th. The results should be elsewhere, courtesy of Alan Rowe, who won the event in fine style, doing a

24, while I came 2^{nd} on Age Standard. John Archdeacon was fastest, and it was good to see so many people out.

On the 16th I rode the Kentish Road Club Road Race at Tenterden. As the organiser did not have many entrants in the younger age groups in this LVRC Race, he wanted to put all entrants together. Brian Dacey, Roly Crayford, myself and one other rider asked for a 15 sec. per mile start, rather than struggle to keep up with the 40 year old boys. As the race was 40 miles, we should have had a 10min 15sec. start, but the organiser only allowed us 6 mins. I punctured on the second lap, but Brian won his age group, although the bunch caught up with the oldies before the finish. If we had have had the correct start, they wouldn't have caught us.

On the $23^{\rm rd}$ the LVRC had their E,F,G & H National Championships at Fareham, near Portsmouth. It was a very hard circuit, but Brian achieved a third. Sad to say, I goofed up big time by making a mistake in the number of laps we had done, and thus making my big effort one lap too early! I would have been fourth if I hadn't got it wrong.

We're looking forward to the August Bank Holiday, although sadly it marks the end of summer.. We as a family are going to the Edenbridge and Oxted Show – a bike free event, but Gina can indulge her love for horses.

Roy

Quote for the month:

"When the archer misses the mark, he turns and looks for the fault within himself. Failure to his the bull's eye is never the fault of the target. To improve your aim, improve yourself."

Gilbert Arland: writer

"KAV'S REPORT"

What a busy month we had in August. We had the Fred Peachey open 25 at Chilham. The open 10 on the Ashford Road and the Old Members 10 also on the Ashford Road. (We should have all the results in this edition of the DLN) A big thanks to all the marshals, and those who organized our events, especially Val the Peach, Jon, and our Alan.

I have said this before and I will say it again, when you think of it, we have approx 130 members spread all over the world but only about 20 active members who all have active jobs in the club (If not please let me know?) When I think we organize 2 open time trials, 2 road races, a cyclo cross and an open track meeting - not bad for a small active group.

We are active again with time trials thanks to new blood coming into the club. Well, not new but old blood heated up again if you know what I mean! Welcome to Chris Cowland who has joined and has already worn the sacred blue and chocolate vest. Welcome to George Lewis who looks good on a bike (bit of a poser!) who I think will fit in nicely bless him. Welcome to lan Silvester who is one of the fast guys but if he comes down to our monthly club night at the Greyhound pub we will soon put a stop to that! I believe he has been given a job already!!

Who should turn up to ride the old members 10 but lan's other half Clare (nee Peachey) well done Clare. We now have a full ladies team with Jane and Sarah.

I am asked how are we coping with our committee meetings and club nights at the Crown and Greyhound pub. Well, very good. Being a very busy pub (we are in the back room) we seem to get through the committee meetings very quickly thanks to Jon our chairman, so that we can go into the bar and sample a glass of the lunatic's broth. If I remember correctly, that back room can be very cold in the winter so sort out your blankets and sleeping bags!

I am glad to say we have our "Belgium Night" dinner at the Blackheath clubroom on the $6^{\rm th}$ November 2009 - thanks to Cliff and Carol Steel, our super chefs. We could have outside caterers but it would not be Cliff's Belgium night then. Knowing the hard work he puts in for this event, I get embarrassed to ask him each year; but when asked he will say in his lovely lrish accent "I will do it for the club". Thanks mate.

As you know we keep the numbers down to 65 (would you like to cook for 65 people in a smallish kitchen?) so it will be first come first served. One member one guest. To book your place phone Dot Fuller 01689 851241.

Two of our oldest members, and I do mean old, Alan Rowe and Malcolm Adams decided to ride a 12-hour time trial after riding a couple of 10's. Yes, a 12-hour time trial. We had a tortoise and a hair situation where Alan went off like a rocket and caught Malc for 20 minutes. But, oh dear, at the end of the day Malcolm brought him back to beat him. That is not the full story though as, from a kid, I have known Alan to ride himself into the ground well he did it again. This time he went into a ditch and could not get his feet out of the cleats until a dear old lady (so I was told) helped him to his feet. Again the result should be in this edition. In the July edition of the DLN we discussed combining club trophies in open events. I must admit I am not in favour of this. A club event is a club event but we have got to face it that under RTT rules we need an army of marshals to carry out even a club time trial. It was mooted that perhaps we could combine the club hill climb with the open Bec hill climb. Thank goodness that this did not happen. We only need two timekeepers and a pusher off for this event, Subject to weather, it is an event where we get more supporters out than riders. It must be down to Roy's 'do' at his home, after the event.

Last month we combined the club 25-mile championship with Val's open 25. Congratulation to our new club 25-mile champion James Lett. The De Laune Challenge Bowl is the oldest trophy in the club going back to 1894. Over the last 50 years I can remember guys in the club who would normally ride open events but when it came to the club championship 25 that was a different

INTRODUCING THE DE LAUNE CC 100 CLUB



To be launched in January 2010 the 100 Club allows you the opportunity to support De Laune CC whilst giving the owner of each number the fantastic chance of winning a monthly prize draw.

For just £20 a number is yours for the year and gives you entry into each months draw. Draws will be made at the committee meeting each month for 10 months of the year and should we sell all 100 numbers the first number drawn will win £30, with a second prize £20 and a third prize of £10. There will be 2 special draws each year with just a single top cash prize of £200.

The remaining income from the 100 Club will be ploughed directly back into De Laune CC to help to continue to subsidise all of the events, social and competitive, and clothing etc which we all enjoy.

We are sure that you will agree this is a very exciting opportunity open to every-one, and what a great gift a De Laune CC number would make for Christmas!

Numbers are on sale now via email or post, please send all cheques made payable to De Laune CC for £20 per number stating the number($\mathfrak s$) you want to:

62 Hinton Road

London

SE24 OHU

Or you can purchase them at the Belgium Night on November the 6th. Please note that no cheques will be cashed until the New Year with the first draw taking place at the first committee meeting of the year.

See you at the Belgium Night or email me with your choice, numbers will be allocated on a first come first served basis jaynewadsworth@hotmail.com.

Good luck



Dear Mark, I couldn't resist taking this 'photo today at the local supermarket. That is fame when you get a banana named after you. Tell Brian Dacey and the other sprinters in the club that I will send some over to them if they wish.



The winter here is nearly over and it has been glorious, very rarely under about 20 to 21c during the day with cloudless blue skies. The forecast this weekend is 30 Saturday and Sunday and 33 on Monday with the 1st September being the 1st day of Spring.

I followed the Tour but had to record it as it was on the box until about 2.30 am so I had to try not to hear the news in the mornings so that I could watch

it "live". That Cav is something else and a what a ride from Wiggins, Because there are so many top Oz riders it is on the box quite a lot.

Regards to everybody.

PS. I spoke to Harry Thomas's wife last Tuesday and up to then the only get well card he had received was mine.

John Geoghegan

杨林林林林林林林

Hi Mark

Just read the latest De Laune News (August) Kav's humour doesn't deteriorate with age always good to read his latest puns.

Great photo on page 8 the new kit looks fantastic, managed to name eight of them Tony & Val, Brian D, Alan R, Mike P, Malc, Sax and the President please name the remainder as without hair it's hard to recognise them or maybe they are 'new' members joining after '71!

Alway a joy to read the "news"

Regards to all

Ted McDonald

tedmcdonald@howick.co.za

CLUB OMA 10

Saturday 15th. August *O6:30* was the OMA 10 on Harrietsham, we had a full compliment of marshals and time keepers. Val Peachey & Mark Ballamy (At Short notice) did the time keeping while Brian Saxton, John Kavanagh ,Brian Shambrook & Alan Constable Helped out with the Marshalling and pushing off. It was a good morning warm and sunny with a slight wind which hindered us a bit on the outward leg. Another good ride by Jon followed up with another from lan Silvester, yours truly was 3rd, just ahead of Dave

I managed to get first place on standard with Roy cruising in second place and Malcolm arriving in third. The morning was rounded off as usual with a hearty breakfast and lots of chat. A very good morning!!

ALAN ROWE

OMA RESULT	
	OAS
Alan Rowe	+7.26
Roy Savery	+6.50
Malcolm Adams	+4.38
lan Sivester	+3.48
on Archdeacon	+3.16
Dave Haggart	+1.55
Tony Peachey	+1.42
Steve Carter-Smith	+0.56
Cliff Steele	+0.50
Simon Lowe	-1.51

-		
	SCRATCH RESULT	
1	Jon Archdeacon	22:26
2	lan Sivester	22:54
3	Alan Rowe	24:49
4	Dave Haggart	25:12
5	Steve Carter-Smith	25:16
5	Cliff Steele	25:16
7	Roy Savery	26:22
8	Clare Silvester	27:04
9	Malcolm Adams	27:27
10	Jayne Wadsworth	28:07
11	Sara Archdeacon	28:13
12	Simon Lowe	28:15
13	Tony Peachey	31:20



ALAN ROWE

Here is Alan riding in the KCA "12" hour well he was riding but the story is that he fell asleep and was found in a ditch.

I can remember hearing the same happened to our late member Ken Hill in a "12" or it may have been a "24"

Alan was 19mins. up on Malcolm after 50 miles but with him stopping for a sleep Mal came home with most miles covered

Results page 15

LEN DANBY (Ex RAF)

I have been asked by
Dot Fuller to mention
LEN and I am sure
All members will
join me in
wishing him a
Very Happy

80th

BIRTHDAY

on the 27th September



Fred Peachey - Open 25 report

Firstly I would like to record my thanks to all the members of the De Laune who willingly came out to help. I know it is old cliché but without you the event just could not happen. As promoter I merely co-ordinate the whole affair and make it run smoothly. I have already received numerous compliments from riders on the number of marshals around the course, giving friendly encouragement to all and an even friendlier and relaxed atmosphere in the hall afterward. So well done everyone.

The top of the list always begins with the tea bar, and unusually all the praise is heaped on one lady – Pat Conner. For reasons beyond my control other 'old faithfuls' (I'm sure they wont mind being called that) were unavailable. So well done Pat for keeping everyone fed and watered.

Geoff Sinnett ensured the signing on went without any hitches and collected all the numbers in after everyone had finished. Steve Valentine — well what can I say. I made an excellent choice of picking the tallest and beefiest member going to keep a watchful eye on the car parking arrangements. For those of you out on the day the local village had a boot fair on the same day and they were also using the same car park. Fortunately I had contacted the local cricket club to ask if we could use their outfield for parking, this was before I had knowledge of the bootfair. Needless to say the village hall secretary was only to pleased to accede to my request. But it did need someone of authority to ensure nobody stepped out of line. All that work and he didn't have a yellow jacket — he did look resplendent though in his NEW DE LAUNE JACKET.

Mike Peel pushed everyone off, well for 2 yards anyway. Not bad for an oldie.

The Canterbury turn was ably marshalled by 'Kav' Brian 'Tich' Shambrook and Lenny Brown. The Chilham Fork was covered by Mick & Ann Hartley and Alan Constable. This crew sent the riders to the delights of Ashford where they were greeted by Terry Deeley. Brian Saxton and Don &

Beryl White. I did have a fright on the morning. I had stopped Chilham to issue the regulatory muffins and a drink to all marshals and I noticed Don White 'parked' in the middle of the road waiting to turn right to go to Ashford. Thought nothing of until I realised on my journey to Ashford Don was not with me. He had decided to go to Canterbury first! This posed a problem as the riders were starting to travel toward Ashford. I had Claire with me but she was due to be recorder for the finish timekeeper, I was due to help in the tea bar and assist with the board writing up. But, with only Brian at the turn we were in a quandary, we could leave Brian on his own and we would find it difficult to stay. At the 11th hour Don arrived – problem solved.

As usual Brian had travelled to the event in his little white van, loaded to the gunnels with signs, hammers, numbers, jackets, first aid kit etc. Fortunately he took them all home again, strangely though we seem to have 'won' the result board!! Mark is having some thoughts as to how the board can be modified by his son to make it more manageable and user friendly. Mark also came out on the day to photographically record the prize presentation.

My special thanks to the 3 timekeepers – Kath Mepham at the start, Peter Baker at Chilham recording the 10% mile times and Paul Mepham at the finish. Paul & Kath are in the VC Elan and Peter Baker in the San Fairy Ann.

Daughter Claire started her stint of duty by playing a waitress, handing out refreshments of cakes and juice to all the marshals. She later took on the mantle of recorder for the finish timekeeper and phoned the finish times up to Tony in the hall, where he was manning the board.

As usual Tony deserves a mention, checking and rechecking all my typing, writing up the result board and playing the general dogsbody before the event and on the day - a real gem.

And me – well I just delegate!

On to next year — well we have a new promoter. One of the newer fellas — but still in the Peachey family, son-in-law Ian Silvester. Although Ian has only just officially joined us he is keen to put something back into the club, he has a good pedigree of promoting having had plenty of practice, having organised numerous open promotions and a national championship. When I offered him this promotion he almost bit my hand off. Good that we have two relatively young members as promoters of our open events for 2010, hope we will start to see some relatively young members helping these individuals in their efforts to keep the club name to the fore.

Please give Ian as much support as you have offered me. He knows where you all live because I have given him all my files!!

On to this years result. The overall event was won by Ben Instone in 52.14 he will hold the Fred Peachey Memorial Cup for one year. The fastest Junior was Joe Tucker in 1.2.40 and holds the Johnson Trophy for one year. The club riders were:

James Lett 59.01 Ian Silvester 59.12 Dave Haggart 1.3.29 Chris Cowlard 1.3.55

Roy Savery 1.5.32 (2nd vet on age standard)

Sarah Archdeacon 1.10.58 Jayne Wadsworth 1.11.34

Jon Archdeacon punctured sob sob

Chris was delighted with his '3' on the day, never having beaten a '6' on this course before – got to be that new kit working wonders again, after all it is a double diamond shape.

Val the Peach

Cont. over

I have received many phone calls and personal comments from riders who enjoyed our 25 but one letter stands out in particular which I have produced below — I think the sentiments are aimed not just at the Peachey/Silvester household but all the clubfolk who were out and about on the day.

Dear Val,

I just wanted to thank you and all your helpers for the race on the Q25/8 last Sunday. It was new territory for me, having never ridden in Kent before. It was a bit daunting not really knowing anyone, but there was a lovely atmosphere and everyone was friendly, welcoming and helpful. Having only got back from holiday the day before I was using the race as a training ride to get me back on my bike, so it was a real bonus to win the ladies competition! (of course it would have been a different story if Carole had ridden!!) I enjoyed the course and look forward to coming 'over the water' again sometime

Thank you once again for all your hard work, God bless, Gwen Cook (Essex Roads CC)



Sir

I am more than a little worried! Have I missed something in old age? I see my old friend Alan Rowe (although a few years younger than I) goes faster than ever, certainly a lot faster than his earlier days with the Club. Whereas I have legs which are 'falling off' and limp everywhere! Each year I travel to north Germany to my Service Reunion (amongst the member are ex Royal Navy and ex British Army 'persons'). Two of the members were in cycling clubs in the 40s and 50s. One comes (originally) from the north west and the other from south east London. They both view our web site. They see pictures of males and females dressed fit for the 'cat walk' and are quite rude to me on occasions, thinking of the cycling ('hard' days) world 50 or 60 years ago.

Now I read in the 'Sunday Times' of today words of the 'Cycle Doc' . Question: What tools and materials should be in every cyclist's emergency kit? Answer: At the end ".....Finally, a pair of disposable gloves (which Halfords sell in boxes of 100 for £8.99) to keep my hands clean in case of mechanical disaster."

How do you suggest I address the remarks from this 'couple', regarding the observations in the paper, to the e-mails which will appear on my PC next week? I remain

Leonard (Len) R Danby First Clubrun Sunday 27th April 1947

RACING RESULTS

Richmond Park 10.4 Miles - 9 August

1	Michael Hutchinson	In Gear-Quickvit	00:22:38	TT
2	Richard Simmonds	London Dynamo	00:23:35	TT
69	George Lewis	De Laune	00:29:46	Road



Jayne Wadsworth

64

This is George and I think this was his first TT.

Photo by kind permission of



Surrey League Dunsfold Pk - 9 August

4ths - 30 miles

1 6	Alan Strang Cliff Steele	Dulwich Parag Brixton Cycles		01:19:0	5	
9	Christian Rudolf	De Laune CC				
		KCA 12hr - 9 A	ugust	"5 <i>0</i> "	"100"	
1	Richard Masters	Wigmore CC	V43	2.10.44	4.26.56	257.977
	Malcolm Adams	De Laune CC	V70	2.47.28	3 5.45.44	196.486
	Alan Rowe	De Laune CC	V70	2.28.21	5.24.52	195.737
	Anerle	y Bicycle Club 50	ວ - 9 Aເ	ıgust		
1	Keith Coffey		01:50:4	10 V	55.31 +	26.21
39	David Haggart	De Laune	02:07:	30 V	1.02.50 +	17.58
46	Roy Savery	De Laune	02:12:3	37 V	1.05.36 +	42.32

02:19:57 W

1.09.45

De Laune

Eastbourne Rovers CC 25 - 16 August

1	Steve Dennis	East Grinstead C.C.	00:51:37	V
2	Shaun Kennedy	BEC C.C.	00:55:17	V
34	David Haggart	De Laune C.C.	01:04:28	V

Redmon CC 10 - 22 August

1	Ben Instone	www.scientific-coaching.com	00:20:20	
9	lan Silvester	De Laune CC	00:22:25	+4.17

lan Silvester



North Hampshire RC 25 - 22 August

1	Adrian Lansley	North Hampshire RC	00:50:41	S	
62	David Haggart	De Laune	01:00:25	Y	+9:39
	Tony Peachey	De Laune	DNF		

Richmond Park 10.4 (Men) - 23 August

1	Laurence Harding	Shorter Rochford	00:23:55
9	Jon Archdeacon	De Laune CC	00:24:57
79	Simon Lowe	De Laune CC	00:30:51

Richmond Park 10.4 (Women)

1	Ruth Eyles	Beacon Roads Cycling Club	00:25:38
7	Jayne Wadsworth	De Laune CC	00:30:30
9	Sarah Archdeacon	De Laune CC	00:30:54

Treasurers Report

You will be able to read reports from the promoters regarding the two open time trials which have been successfully promoted this month. Both events made a loss but less than expected. Because the 10 entry was lower than anticipated much of the loss was met by a generous donation from the promoter so a big thank you Jon. The 25 faired a little better, the prize list was slightly lower (no tandem event) and the entry was greater, creating more income.

The next expected expenditure as far as the club is concerned is the Belgium night festivities. Put the date in your diary now – this can be found on the back of this magazine.

There should be a small commitment for the annual medal bill - I have assumed that Alan Rowe as Time Trial Manager has been keeping a record of recipients for the respective medals to be awarded at the end of the season for this to be an easy operation.

We now have additional marshalling jackets, in line with Cycling Time Trials and Highway Law requirements. An initial supply of 5 were received free of charge from the National Committee to each club promoting open events. Be warned, the jackets are very roomy, designed to go over your own clothing, regardless of time of year. They can look exceptionally becoming if you are a seven stone dwarf!

Don't forget Mal Pires is now the holder of all club kit, as Clothing Officer – contact him should you need anything. We have a small stock of most sizes, he can let you know what is available.

Val the Peach Treasurer

THIS MONTH 60 YEARS AGO IN THE DIN

John Zarfas home on leave from the RAF romped round the course in 2:11:10 to add yet another name to the "Alf Baldwin Memorial Cup", (George Wood is the only member still with us and he recorded 2:22:31, ED).

This event had 21 riders from the club.

August saw the last of our Jubilee Track Meetings including three Club Track events. Over 1000 people saw a gallant failure by Sandy Lane - Fountain CC in his pre-meeting attack on the "1 Hour" Class B Motor-paced record. Whilst riding very strongly Sandy had the misfortune to puncher at 13 miles. A quick change and he was away again, but could not make up that lost time.

With the end of the hour drawing near it was apparent that it would be touch and go. Realising this the spectators cheered and cheered to spur him on. Bang! Went the gun, soon to be followed by the announcement that he had failed in his attempt to beat the record, standing at 36 miles 1757 yards by only 80 yards. How ever he did take the 25-mile B Motor-paced record.

Now the club events, 550yds. Handicap won by Les Pyne, the 1000 meter Sprint Championship went to Don White, there were 15 riders in the 5 mile which was won by John South.

Club run to Whipsnade Zoo, 16 left the Windmill and arrived at the Zoo at 12-o'clock, after a cold but interesting walk around and incidently seeing various members true to life in cages we left for the for a ride home as it had started to rain.

All the racers with stripped down bikes were wishing they had mudguards, they went straight home. The rest pushed off to Chenies for tea. On the way we lost yet another member, "I hope he as turned up by now. (Well I can tell you that I did and I am still here, Ed)

The only other main event for this year is the Diamond Jubilee Dinner, some more guest who will be attending: Frank Nott road sec S.C.C.U, Rev Dardis Vicar of Newnham, Jim Wallace the Good Friday Promoter at Herne Hill.

VO2 Cycling Sportive - New Sportive in Kent on 27th September

Your chance to try a fantastic journey through the Kent lanes taking in some stunning roads and climbs along the way including; Shipbourne Hill, Ide Hill, Toys Hill, Ashdown Forest and the Col de Groombridge.

There is an allotment of 300 places for the Sportive, and the entry fee is £20.

The very best Sportive standards have been put in place with the assistance of Cyclosport, including; 100% fully signed and verified courses, correctly distanced feed stations with water, SIS energy mix and food (sweet and savoury). Electronic timing and ample car parking. Fabulous start with all amenities including; changing rooms, refreshments and showers. Marshals will also be on hand at a few key junctions around the courses.

The event is a moderate challenge with two distances of 40 miles and 73 miles with 788m and 1,400m of climbing respectively. This would suit lots of abilities and is aimed at triathletes as well as all types of road cycling enthusiasts.

The sign on and off is at VO2's base, The Walled Garden, Hildenborough, Kent. Sign on will be open from 7.30am. The first group of 20 riders will depart from 8.30am onwards.

For GPS maps, profiles and downloads, please visit www.cyclosport.org.

Cont. From page 6

matter. The championship 25 was like an open event with the quality of riders entering. Ask Alan Rowe, who was a club 25 mile record holder and could never win it!

My point is that by combining this event with the open 25 it has lost its appeal. Val, in her write up for the open 25-said "Don't forget it is the Club Championship 25". Years back you would never forget that.

As we hope, next year, to combine a few club events with other clubs to solve the marshalling problem, perhaps we could combine the Challenge Bowl in one of these events (for members only) to give it more importance. What do you think?

By the way, do not forget the club hill climb on the 4th October on Titsey Hill. First rider off 11am.

Diary Social/Glub for 2009

Sunday 1-November Club run to the Down Hill 10:00

Friday 6 November Belgium Night at Blackheath Harriers 19:00

Sunday 15 November Newnham Remembrance Service 10:30

Sunday 13 December Richmond Park Christmas Social Ride 09:00

Club & Inter-Club Events for 2009

Sunday	13 Septem-	07.25	Autumn 25		G25/53
Sunday	4 October	11.00	Hill Climb And followed by Lunch at President Roy's home.	Titsey Hill	GH/31
Sunday	25 October		KCA Relibility Trial	Details awaited	
Sunday	1 November	12.00	Down Hill	Tilburstow Hill	

SEE MESSAGE BOARD to keep UP TO DATE http://mikepeel.proboards67.com CLOSING DATE FOR THE NEXT ISSUE 30th SEPTEMBER

Anything for inclusion please send to:

41 Mayes Close Phone or Fax 01883 627809 Warlingham E-mail mark.ballamy@virgin.net

Surrey CR6 9LB

Produced by Mark Ballamy Distributed by Brian Saxton